

# Park Patrol

# Fall/Winter Training 2023

## New Park Patroller Orientation (ZOOM)

Required for new Park Patrol volunteers. This program covers Three Rivers volunteer orientation and Park Patrol procedures and protocols.

**Thursday, October 5 | 4:00 - 5:00 PM**

**Tuesday, October 10 | 6:30 - 7:30 PM**

## Heartsaver First Aid

This course covers year-round patrol specific first aid and is certified by the American Heart Association.

Topics covered are general principles, bloodborne pathogens, medical, injury and environmental emergencies (other first aid certification must be approved).

**Thursday, October 19 | 1:00 - 5:00 PM | Hyland Hills**

**Thursday, October 26 | 6:00 - 10:00 PM | Elm Creek Chalet**

**Saturday, October 28 | 1:00 - 5:00 PM | Elm Creek Chalet**

## Heartsaver CPR & AED

This American Heart Association course is designed to prepare Park Patrollers to respond to cardiac emergencies and to provide CPR and AED use in a safe, timely and efficient manner. It includes adult, child, and infant CPR, AED and foreign body airway obstruction skills.

**Tuesday, October 17 | 1:00-5:00 PM | Hyland Hills**

**Thursday, October 19 | 6:00 - 10 PM | Hyland Hills**

**Saturday, October 28 | 8:30 AM - 12:30 PM | Elm Creek Chalet**

## Patrol Simulation Training

This program combines Three Rivers policies, practices and procedures with the skills learned in first aid and CPR. The program is led by Three Rivers Public Safety and Facilities staff, and National Ski Patrol trained volunteers using outdoor practice scenarios.

**Wednesday, November 8 | 6:30 – 9:00 PM | Field Operations Center, French Park**

**Sunday, November 12 | 2:00 – 4:30 PM | Field Operations Center, French Park**

## Fall/Winter Meeting

Winter and Summer Patrol meetings cover the latest park updates, patrolling details for all units, and review of procedures as needed. The first meeting for the season is a KICK-Off which includes a social event (refreshments, social time, recognition) in addition to the meeting.

**Thursday, November 16 | 6:30 - 8:30 PM | French Regional Park**

**Make up: Tuesday, November 28 | 6:30 - 7:30 PM | Field Operations Ctr, French Park**

**Saturday, December 2 | 9:30 - 10:30 AM, Zoom**



**Register**  
**[Volunteer@ThreeRiversParks.org](mailto:Volunteer@ThreeRiversParks.org)**