

Training Schedule FALL 2019 & SPRING 2020

Check the box to register for each class and include this page with your registration form. Save a copy for your reference.

New Patroller Training

Course #	Course Name	Day	Date	Time	Location
<input type="checkbox"/> PO-1	Patroller Orientation	WE	Sept. 25, 2019	6:30-8:30 PM	Hyland Hills (Ski Chalet, Bloomington)
<input type="checkbox"/> PO-2	Patroller Orientation	SA	Mar. 21, 2020	9-11 AM	French (Field Operations Center, Plymouth)

Also register for First Aid & CPR, and All Patroller Training below.

First Aid & CPR Training

Course #	Course Name	Day	Date	Time	Location
<input type="checkbox"/> FA-1	AHA First Aid	TH	Sept. 19, 2019	6-10 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> FA-2	AHA First Aid	SA	Sept. 21, 2019	8:30 AM-12:30 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> FA-3	AHA First Aid	MO	Sept. 23, 2019	6-10 PM	Hyland Hills (Ski Chalet, Bloomington)
<input type="checkbox"/> FA-4	AHA First Aid	SA	Oct. 19, 2019	8:30 AM-12:30 PM	Hyland Hills (Ski Chalet, Bloomington)
<input type="checkbox"/> FA-5	AHA First Aid	TH	Mar. 26, 2020	6-10 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> FA-6	AHA First Aid	SA	Apr. 4, 2020	8:30 AM-12:30 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> BLS-1	AHA BLS*	WE	Oct. 9, 2019	6-10 PM	Hyland Hills (Ski Chalet, Bloomington)
<input type="checkbox"/> CPR-1	AHA CPR AED	SA	Sept. 21, 2019	1-5 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> CPR-2	AHA CPR AED	TU	Sept. 24, 2019	6-10 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> CPR-3	AHA CPR AED	WE	Oct. 2, 2019	6-10 PM	Hyland Hills (Ski Chalet, Bloomington)
<input type="checkbox"/> CPR-4	AHA CPR AED	SA	Oct. 19, 2019	1-5 PM	Hyland Hills (Ski Chalet, Bloomington)
<input type="checkbox"/> CPR-5	AHA CPR AED	WE	Mar. 25, 2020	6-10 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> CPR-6	AHA CPR AED	SA	Apr. 4, 2020	1-5 PM	French (Field Operations Center, Plymouth)

Also register for All Patroller Training below. Additional Spring courses will be added at a later date. Patrollers can register for these public classes to complete training requirements.

All Patroller Training

Course #	Course Name	Day	Date	Time	Location
<input type="checkbox"/> PS-1	Patrol Simulation	SU	Oct. 20, 2019	2-4:30 PM	Hyland (Jan's Place, Bloomington)
<input type="checkbox"/> PS-2	Patrol Simulation	WE	Nov. 6, 2019	6:30-9 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> PS-3	Patrol Simulation	SA	Nov. 16, 2019	2-4:30 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> PS-4	Patrol Simulation	SU	Mar. 29, 2020	2-4:30 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> PS-5	Patrol Simulation	TU	Apr. 7, 2020	6:30-9 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> PM-W1*	All-Patrol Meeting-Winter *	TH	Nov. 21, 2019	6:30-8:30 PM	French (Visitor Center, Plymouth)
<input type="checkbox"/> PM-W2	All-Patrol Meeting-Winter	WE	Dec. 11, 2019	6:30-8 PM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> PM-W3	All-Patrol Meeting-Winter	SA	Jan. 4, 2020	9-10:30 AM	French (Field Operations Center, Plymouth)
<input type="checkbox"/> PM-S1*	All-Patrol Meeting-Summer *	WE	Apr. 1, 2020	6:30-8:30 PM	French (Visitor Center, Plymouth)
<input type="checkbox"/> PM-S2	All-Patrol Meeting-Summer	SU	Apr. 5, 2020	1-2:30 PM	Hyland (Richardson Nature Center, Bloomington)
<input type="checkbox"/> PM-S3	All-Patrol Meeting-Summer	TH	Apr. 30, 2020	6:30-8 PM	French (Field Operations Center, Plymouth)

Course Descriptions

PATROLLER ORIENTATION

Required for new Park Patrol volunteers. This program covers Three Rivers volunteer orientation and Park Patrol procedures and protocols.

FIRST AID

This course covers year-round patrol specific first aid and is certified by the American Heart Association. Topics covered are general principals, bloodborne pathogens, medical, injury and environmental emergencies. (other first aid certifications must be approved). Fees on page 3.

HEARTSAVER® CPR AED

This American Heart Association course is designed to prepare Park Patrollers to respond to cardiac emergencies and to provide CPR and AED use in a safe, timely, and efficient manner. It includes adult, child, and infant CPR, AED, and foreign body airway obstruction skills. Fees on page 3. **Bring your CPR mask to class if you have one!**

BLS FOR THE HEALTHCARE PROVIDER

As available through ski patrol.

(*Approval from the Volunteer Coordinator is required for this level.)

This American Heart Association course is designed for Park Patrollers who work in the medical field on a regular basis. The ability to take and monitor vital signs is a prerequisite. The course includes adult, child, and infant CPR, AED, and foreign body airway obstruction skills. Skills are tested in both written and practical formats. Limit 12 per class. **Bring your current BLS-Healthcare Provider card and CPR mask to class!**

PATROL SIMULATION

This program combines Three Rivers policies, practices and procedures with the skills learned in first aid and CPR. The program is led by Three Rivers Public Safety and Facilities staff, and National Ski Patrol trained volunteers using outdoor practice scenarios.

ALL-PATROL MEETINGS AND SEASON KICK-OFF*

Winter and Summer Patrol meetings cover the latest park updates, patrolling details for all units, and review of procedures as needed. The first meeting for the season is a KICK-OFF* which includes a social event (refreshments, social time, recognition) in addition to the meeting.

Park Patrol ANNUAL REGISTRATION 2019-20

A new form must be completed each year to maintain active status.

Date: _____ Recent changes to personal data No changes to personal data
First Name: _____ (Preferred: _____) Last Name: _____
Address: _____ City: _____ State: _____ Zip: _____
Home Phone: _____ Work Phone: _____ Cell: _____
E-mail: _____ I carry my own first aid pack I carry my own cell phone

YOUTH VOLUNTEERS

Age if under 18 years: _____ The minimum age is 16 years for Park Patrol. The minimum age is 18 years to patrol on horseback, unless accompanied by parent who is also a patroller. A Volunteer Permission Form is required if you are under age 18. A link to this online form will be emailed.

NEW VOLUNTEERS

Check here if you are new to Three Rivers Park District. In addition to this form for the position of Park Patrol, volunteers new to Three Rivers must also fill out a Three Rivers Volunteer Application Form and submit to a background check. Links to these online forms will be emailed.

ALL PATROLLERS

Patrol Unit:

- Park Trails
- Horse Trails
- Regional Trails
- Hyland Hills Host
- Events, Programs, Races

Mode of Patrolling:

- Biking
- Mountain Biking
- Horseback Riding
- In-line Skating
- Walking
- Cross-country Skiing
- Snowshoeing

Park Choice:

- Baker
- Carver
- Cleary
- Crow-Hassan
- Eagle Lake
- Elm Creek
- Fish Lake
- French
- Gale Woods *scheduled events only*
- Hyland
- Kingswood
- Lake Rebecca
- Lake Minnetonka
- Murphy-Hanrehan
- Spring Lake Park
- Regional Trails *Apr. 1-Nov. 14*

Current Certifications and Patrol Membership

Attach a copy of certificates for any training not taken through Three Rivers Park District.

First Aid: Issue Date _____ Park Patrol OEC Wilderness 1st Responder EMR-1st Responder EMT Paramedic
 Other: _____

CPR: Issue Date _____ American Heart Association: Heartsaver CPR/AED for All Ages (adult, child, infant) BLS for Healthcare Providers
American Red Cross: CPR/AED-Adult and Pediatric CPR/AED for the Professional Rescuer and Healthcare Provider

Other: Issue Date _____ Course name: _____

National Ski Patrol: Patrol Name and Patrol Representative: _____
Candidate Basic Senior Nordic Alpine Snowboard Other: _____

Three Rivers Park Patrol: Last renewed: Spring 2019 Fall 2018 Spring 2018 Fall 2017 Other: _____

All Patrollers Must Read and Sign Each Year

TENNESSEN WARNING NOTICE: I understand that private data is protected under state and/or federal laws and cannot be disclosed without my written consent unless otherwise provided for by state or federal law. Private means that the information is available only to the person the information is about and Three Rivers Park District staff who must use it in the normal course of conducting Park District business and otherwise as provided by law.

I authorize Three Rivers Park District to release the information as indicated for inclusion in the Patrol list for the current period to be shared with Park Patrol volunteers and authorized staff as follows. **Indicate Y (yes) or N (no).** (A checkmark will be understood as a yes, a blank as no.)

Address: _____ **H phone:** _____ **W phone:** _____ **Cell phone:** _____ **E-mail:** _____

I understand that my participation as a Park Patrol volunteer may involve risks such as personal injury caused by my participation in cross-country skiing, biking, in-line skating, hiking, or horseback riding activities, and potential exposure to bloodborne pathogens as a result of first aid care to park guests.

Volunteer Signature: _____

Registration and Payment:

- Attach class selections (page 5).
- Enclose payment (see page 3): \$ _____
 - Make checks payable to Three Rivers Park District.
 - Call 763.559.6706 to pay with credit card.
- Please bill me.
- Register & pay online (contact us for account set up).

Fees are waived for eligible returning volunteers with 30 or more Park Patrol hours in the current or past patrol year.

- See page 3 for [Fees and Reimbursement Policy](#).

Send registration and payment to:

- Email: volunteer@threeriversparks.org
- FAX: 763.557.4943
- Postal address:

Three Rivers Field Operations Center - Volunteer Office
12615 Rockford Road, Plymouth, MN 55441