Lesson Information
All lessons are 90 minutes long and will start and end outside. Indoor space will be restricted and limited to individuals renting equipment at scheduled times. Lessons will focus on the ability level, skills, and goals of the individual or group. Skiers must be at least 6 years old. All youth must be accompanied by a participating adult.

Scheduling a Lesson
To schedule a lesson visit threeriversparks.org/activity/cross-country-skiing and complete the online request form beginning on November 12. Requests will be processed in the order they are received. Requesting a lesson does not confirm your time. Staff will call you to confirm and pay for your lesson. Payment is due at the time the lesson is scheduled.

Office Hours for Scheduling and Payment
Monday: 10 AM - 4:30 PM
Tuesday: Noon - 5:30 PM
Thursday: 10 AM - 4:30 PM

Notice: Lessons are not considered scheduled until it is paid and must be paid for at least 72 hours in advance. For the health and safety of our staff and participants, lessons may be canceled due to COVID-19 symptoms or illness. We reserve the right to change the instructor at any time and will always work to backfill sick instructors as available. All lessons are subject to instructor, equipment, and facility availability.