



Elm Creek
Park Reserve

12400 James Deane Parkway
Maple Grove, MN 55369

Registration Opens Tuesday, Oct. 15 at 8 a.m.

See last page for details

PRSR-STD
U.S. POSTAGE
PAID
TWIN CITIES, MN
PERMIT NO.
93197

Elm Creek

SnowSports Academy



SKI & SNOWBOARD LESSONS

Winter 2024-25



[ThreeRiversParks.org](https://www.ThreeRiversParks.org)

Elm Creek

your winter playground

What's Here:

SKI/SNOWBOARD AREA: rope tows, beginner runs and a terrain park with jumps and rails. Group and private ski and snowboard lessons are offered, along with equipment rental.

SNOW TUBING HILL: Separated tubing lanes with rolling hills that are fun for all ages. Group opportunities available.

CROSS-COUNTRY SKIING: 18.5K of groomed trails for classic and skate skiing, including 5.8K of lighted trails and 2.5K of trails with snowmaking for guaranteed skiing.



Welcome to Elm Creek Park Reserve, your playground for winter fun. Slide down the snow tubing hill, hit the cross-country ski trails, enjoy skiing/snowboarding or kick back in the comfortable chalet. Visit Elm Creek this winter and take a break from your everyday life.



RENTAL SPACES – ELM CREEK CHALET

Warm and inviting, the chalet is a beautiful facility for your next event. The building seats 200+ people and features a huge timber-and-fieldstone fireplace, cathedral-style ceiling and large windows overlooking the area. The Chalet is available to rent from April through October for weddings, celebrations, corporate gatherings and other events. Call 763-559-6700 for more information.



Hours of Operation*

(December through mid-March, depending on weather.)

SKI/SNOWBOARD AREA

Monday–Friday: 3–9 p.m.

Saturday–Sunday & Holidays*: 9 a.m.–9 p.m.

CHALET HOURS

Monday–Friday: 9 a.m.–9 p.m.

Saturday–Sunday & Holidays*: 8 a.m.–9 p.m.

*Holiday Hours: Dec. 21 - Jan. 1, Jan. 20, Feb. 17

*Tubing Hours and pricing, please visit our website
ThreeRiversParks.org

TUBING

Speed down the tubing hill and ride a moving conveyor back to the top. It's fun for the whole family!

Open Wednesday–Sunday.



Work where you play

Free season pass, competitive wages, fast-paced, flexible hours, and more. Variety of employment opportunities at ThreeRiversParks.org/employment.

Minnesota Nordic SKI OPENER

SATURDAY, DECEMBER 7, 2024

9 AM–3 PM

Welcoming skiers of all levels with mini-lessons, a winter village, free skiing and 2-8K races.

Youth

ski and snowboard lessons

JUNIOR SKI LESSONS

Ages 3-4

Two 1.5-hour lessons, \$130

Optional: Helmet \$14

Enjoy on-snow fun and creative learning as your child practices skiing fundamentals. For this hands-on guided lesson, a parent/guardian with skiing experience is required to participate on skis; maximum one child per adult. Parents play an active part in teaching by using learning tethers as directed by the instructor. Rental equipment, learning tethers and lift ticket are included for both parent/guardian and child or bring your own equipment. Designed to teach only basic bunny hill skiing skills.

Dates	Start Times
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Monday – Activity #9ELM7007

Jan 13-27	5:30 PM
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Feb 3-10	5:30 PM
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Feb 24 – Mar 3	5:30 PM
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YOUTH SNOWBOARD LESSONS

Ages 5-17

Three 1.5-hour lessons, \$155

Optional: Equipment \$10 | Helmet \$20

Learn to snowboard in this signature three-week program. Become self-reliant by learning how to turn, stop and control speed. All skill levels welcome.

Dates	Start Times
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Friday – Activity #9ELM8506

Jan 31 – Feb 14	6 PM
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Feb 21 – Mar 7	6 PM
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Saturday – Activity #9ELM8507

Jan 4-18	9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM
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Jan 25 – Feb 8	9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM
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Feb 15 – Mar 1	9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM
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Sunday – Activity #9ELM8501

Jan 5-19	9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM
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Jan 26 – Feb 9	9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM
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Feb 16 – Mar 2	9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM
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YOUTH SKI LESSONS

Ages 5-17

Three 1.5-hour lessons, \$155

Optional: Equipment \$10 | Helmet \$20

Learn to ski or improve technique with small group instruction in this signature Ski Kids program. Become self-reliant by learning how to turn, stop and control speed. All skill levels welcome.

Dates	Start Times
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Thursdays – Activity #9ELM8005

Jan 30 – Feb 13	6 PM
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Feb 20 – Mar 6	6 PM
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Saturdays – Activity #9ELM8007

Jan 4 – Jan 18	9 AM, 11 AM, 1:15 PM, 3:15 PM
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Jan 25 – Feb 8	9 AM, 11 AM, 1:15 PM, 3:15 PM
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Feb 15 – Mar 1	9 AM, 11 AM, 1:15 PM, 3:15 PM
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Sundays – Activity #9ELM8001

Jan 5-19	9 AM, 11 AM, 1:15 PM, 3:15 PM
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Jan 26 – Feb 9	9 AM, 11 AM, 1:15 PM, 3:15 PM
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Feb 16 – Mar 2	9 AM, 11 AM, 1:15 PM, 3:15 PM
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YOUTH LESSONS – PASSPORT PROGRAM

Ages 5-17

Six 1.5-hour lessons, \$285

Optional: Equipment \$10 | Helmet \$32

Get the most out of the winter season with this six-week program. Become self-reliant by learning how to turn, stop and control speed. All skill levels welcome.

SKI

Dates	Start Times
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Saturdays – Activity #9ELM8027

Jan 4 – Feb 8 9 AM, 11 AM, 1:15 PM, 3:15 PM

Sundays – Activity #9ELM8021

Jan 5 – Feb 9 9 AM, 11 AM, 1:15 PM, 3:15 PM

SNOWBOARD

Dates	Start Times
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Saturdays – Activity #9ELM8516

Jan 4 – Feb 8 9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM

Sundays – Activity #9ELM8511

Jan 5 – Feb 9 9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM

BUNNY HILL SKI SKILLS

Ages 5-17

Two 1.5-hour lessons, \$130

Optional: Equipment \$10 | Helmet \$14

This program takes place on our bunny hill as we focus on learning the basics of skiing. Designed for first time and beginner level skiers.

Dates	Start Times
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Saturday – Activity #9ELM8017

Dec 14-21 9 AM, 11 AM, 1:15 PM, 3:15 PM

Sunday – Activity #9ELM8017

Dec 15-22 9 AM, 11 AM, 1:15 PM, 3:15 PM

Thursday – Activity #9ELM8017

Jan 2-9 6 PM

Jan 16-23 6 PM

YOUTH LESSONS – WINTER BREAK SESSION

Ages 5-17

Three 1.5-hour lessons, \$155

Optional: Equipment \$10 | Helmet \$20

Spend your winter break learning a new sport!

Become self-reliant by learning how to turn, stop and control speed in this three-day program. All skill levels welcome.

SKI

Dates	Start Times
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Monday, Tuesday, Thursday – Activity #9ELM8100

Dec 23, 24 & 26 9 AM, 11 AM, 1:15 PM

Friday, Saturday, Sunday – Activity #9ELM8100

Dec 27-29 9 AM, 11 AM, 1:15 PM, 3:15 PM

Monday, Tuesday, Wednesday – Activity #9ELM8100

Dec 30 – Jan 1 9 AM, 11 AM, 1:15 PM, 3:15 PM

SNOWBOARD

Dates	Start Times
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Monday, Tuesday, Thursday – Activity #9ELM8605

Dec 23, 24 & 26 9:30 AM, 11:30 AM, 1:45 PM

Friday, Saturday, Sunday – Activity #9ELM8605

Dec 27-29 9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM

Monday, Tuesday, Wednesday – Activity #9ELM8605

Dec 30 – Jan 1 9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM

BUNNY HILL SNOWBOARD SKILLS

Ages 5-17

Two 1.5-hour lessons, \$130

Optional: Equipment \$10 | Helmet \$14

This program takes place on our bunny hill as we focus on learning the basics of snowboarding. Designed for first time and beginner level riders.

Dates	Start Times
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Friday – Activity #9ELM8600

Jan 3-10 6 PM

Jan 17-24 6 PM

Saturday – Activity #9ELM8600

Dec 14-21 9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM

Sunday – Activity #9ELM8600

Dec 15-22 9:30 AM, 11:30 AM, 1:45 PM, 3:45 PM



ADULT DATE NIGHT

Ages 21+

One 1.5-hour lessons, \$99/couple

Bring your date or best friend for a unique night out of skiing or snowboarding. Includes a lesson and equipment rental. Each person receives a beverage ticket that can be redeemed for a pint of beer at nearby Elm Creek Brewing. These lessons are designed for beginners only.

Dates	Start Times
Fridays - Adult Ski – Activity #9ELM9306	
Dec 20, Jan 24, Feb 14, Mar 7	7-8:30 PM
Fridays - Adult Snowboard – Activity #9ELM9706	
Dec 20, Jan 24, Feb 14, Mar 7	7-8:30 PM

► Quality instruction

Whether you are on skis or a snowboard for the first time or are seeking to improve your technique, a variety of programs are available for people of all ages and abilities.

To maximize skill improvement, students are separated by age and ability and evaluated for placement on the first day of class.

All lessons include lift ticket.

Terrain Park

development programs



TEAM ELM-TWINTIP

Ages 6-18, \$455

Develop your freestyle skills with this twintip skiing club coached by Elm Creek SnowSports Academy staff. Freestyle skiing is a wild combination of skiing and acrobatics over jumps, rails and boxes. Team members must have their own equipment, be at least intermediate skiers and be able to ride tow ropes unassisted. This club-style program includes an Elm Creek season pass and Elm Creek apparel. An informational meeting will be held online for registered team members on Thursday, November 21 at 6 p.m.

Dates	Times
Mondays & Thursdays – Activity #9ELM8905	
Dec 16*–Mar 6	6–8 PM

TEAM ELM-SNOWBOARD

Ages 6-18, \$455

Improve your freestyle terrain park skills with this snowboard club coached by Elm Creek SnowSports Academy staff. Team members must have their own equipment, be at least intermediate riders and be able to ride tow ropes unassisted. This club-style program includes an Elm Creek season pass and Elm Creek apparel. An informational meeting will be held online for registered team members on Thursday, November 21 at 6 p.m.

Dates	Times
Mondays & Thursdays – Activity #9ELM8900	
Dec 16*–Mar 6	6–8 PM

*Start date contingent on snow making

Private/Semi-Private Lessons

Whether you are a beginner or an expert, personal instruction allows you to learn at your own pace and realize your goals. Professional instructors focus on making you a better skier or snowboarder in a fun, relaxed environment. All private lessons include a lift ticket; equipment rental is available at a discounted rate. Scheduling is based on instructor availability.

Registration for private lessons opens **November 14**.

Call 763-694-2050 to schedule; lessons for one person can also be scheduled online.

PRIVATE SKI LESSONS

Ages 4+.

Mondays–Fridays: 3:30 p.m., 5 p.m. or 7 p.m.

Weekends & Holidays: 9 a.m., 11 a.m., 1 p.m. or 3 p.m.

SNOWBOARD

Ages 5+.

Mondays–Fridays: 5 p.m. or 7 p.m.

Weekends & Holidays: 9:15 a.m., 11:15 a.m., 1:15 p.m. or 3:15 p.m.

RATES

Private Ski or Snowboard Lesson (1.5 hours)..... \$60

Additional person for a semi-private lesson \$42

Discounted lesson equipment rental.....\$10

Helmet\$7.50

Prices include sales tax.



Three Rivers Alpine Patrol



Join this nationally recognized group of volunteers!

- Obtain Outdoor Emergency Care certification
- Sharpen your ski or snowboard skills
- Gain leadership skills
- Enjoy Park District and National Ski Patrol discounts

Highly motivated, enthusiastic skiers and snowboarders are encouraged to apply.

Email SkiPatrol@ThreeRiversParks.org for more information.

INFORMATION: Elm Creek Chalet, 763-694-2050 • ECSSA@ThreeRiversParks.org

Learn Your Responsibility Code



Your Responsibility Code is a compilation of slope safety rules used universally at U.S. resorts. Please review Your Responsibility Code and share the information with your friends and children. Three Rivers Park District is committed to promoting slope safety. In addition to those using traditional alpine ski equipment, others on the

slopes include snowboarders, telemark or cross-country skiers, skiers with disabilities, and skiers with specialized equipment.

Always show courtesy to others and be aware that there are elements of risk in skiing and snowboarding that common sense and personal awareness can help reduce.

Know your ability level and stay within it.

Observe Your Responsibility Code for a great SnowSports experience.

1. Always stay in control and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

Know the Code. It's your responsibility. This is a partial list. Be safety conscious.

Officially endorsed by: National Ski Areas Association.

Elm Creek freestyle terrain areas are designated with an orange oval and may contain jumps, hits, ramps, banks, fun boxes, jibs, rails, half pipes, quarter pipes, snowcross, bump terrain and other constructed or natural terrain features. They are provided for your enjoyment and offer adventure, challenge and fun. However, freestyle terrain use, like all skiing and riding, exposes you to the risk of serious injury. Prior to using freestyle terrain, it is your responsibility to familiarize yourself with all instructions and warning signs, and to follow Your Responsibility Code. Freestyle skills require maintaining control on the ground, and in the air. Use of freestyle terrain exposes you to the risk of serious injury or death.

Registration

Lesson Policies

SnowSports Academy Phone Number:
763-694-2050

Check in at the SnowSports Academy desk one (1) hour in advance of lesson.

Refunds

Cancellations 7 days prior to the start of your first class/lesson are fully refundable. Cancellations less than 7 days before are non-refundable. No refunds are given for missed lessons.

Rescheduling Fee

There is no penalty to reschedule at least 7 days before the start of the first class. There is a \$40 fee for rescheduling less than 7 days before; non-payment of the rescheduling fee constitutes a cancellation.

Weather Closures

Missed classes due to weather closures will be refunded or rescheduled as determined by Elm Creek staff. Call the SnowSports Academy for details. The ski area is closed when weather conditions reach lower than -25 degrees Fahrenheit air temperature or lower than -35 degrees Fahrenheit windchill at the ski area. Elm Creek management reserves the right to operate the facility according to weather.



Register Online

VISIT THREERIVERSPARKS.ORG/PROGRAMS

- To create a new account: Click “Need an account?” and complete the requested information.
- If your account already exists and you don’t know the password: Click “Forgot your password?” to receive an email to update your password.

Note: Be sure to include birthdays for everyone you are registering.

To help manage the high volume of traffic on busy registration days, our software vendor added a virtual waiting room to the registration experience. Learn more at ThreeRiversParks.org/WaitingRoom

CALL 763-559-6700 FOR ASSISTANCE

	Registration Opens
Competitive Teams	Sept. 15
Youth and Adult Lessons	Oct. 15
Private Lessons	Nov. 14

Questions?

Call 763-694-2050

Determining Skill Level for Lessons

LEVEL	SKIING	SNOWBOARDING
NEVER	Never skied	Never boarded
BEGINNER	Makes wedge turns	Skidded turns only
INTERMEDIATE	Occasionally match skis	Beginning to carve on toe and heel side
ADVANCED	Skis parallel	Carves, rides fakie, some jumps
EXPERT	Skis all slopes in all conditions	Does all jumps and rides park