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Registration opens Tuesday, Oct. 14 at 8 AM
See page 20 for details.

ThreeRivers
PARK DISTRICT

Hyland Hills Ski Area
8800 Chalet Road
Bloomington, MN 55438
763-694-7800

MIX
Paper from responsible sources
FSC® C095119
www.fsc.org

Hyland Hills

SnowSports Academy

SKI & SNOWBOARD LESSONS

Winter 2025–26

HYLAND HILLS
SKI AREA

HylandSki.com

Welcome to

Hyland Hills

We invite you to take the first step in improving your winter snowsports experience by joining us for the 2025-26 SnowSports Academy at Hyland Hills. We are locally, regionally and nationally recognized as one of the finest snowsports schools with special programs and lessons for every level of skier or boarder. As a member of the Professional Ski Instructors of America and the American Association of Snowboard Instructors, your snowsports coach will treat you to the best winter experience of your life. Our motto is: SAFETY, FUN and LEARNING.

Great hills and…

- Some of the best grooming and snowmaking in the nation
- 35 acres of terrain, progressive features, 3 chairlifts, 4 rope tows, 2 surface conveyor lifts
- Full-menu cafeteria with weekly specials
- Retail shop with all the gear

Work at Hyland Hills, Get Great Perks!

Free season pass, competitive wages, fast-paced, flexible hours and more. Check out the variety of employment opportunities at ThreeRiversParks.org/Employment.

Hours of Operation

(Mid-November to mid-March, depending on weather)
Monday*–Friday: 9:30 AM–9 PM
Saturday & Sunday: 9 AM–9 PM
*Mondays, Nov 24, Dec 1, Dec 8, Dec 15: 3–9 PM

Holiday Hours:
Dec 22–Jan 2; Jan 19 & Feb 16: 9 AM–9 PM
Dec 24: 9 AM–3 PM; Dec 31: 9 AM–6 PM
Closed Nov 27 & Dec 25

Daily Rates

TICKETS

Open–Close.....Adult $44 / Youth $39 / Senior $26
3 PM–Close.....Adult $38 / Youth $34 / Senior $26
Youth is ages 5–11; age 4 & under free with paying adult; senior is 62+.

Nights Under the Lights:
Monday–Friday: 7 PM–Close.....All ages $25
Saturday & Sunday: 6 PM–Close.....All ages $25

Skip Work Special:
Monday–Thursday: 9:30 AM–3 PM.....All ages $30
with ski or snowboard rental.....All ages $47
(Not valid Nov 25–26, Dec 22–Jan 2, Jan 19, or Feb 16)

EQUIPMENT RENTAL

Downhill Skis, Boots and Poles**.....$27
Snowboard and Boots**.....$27
Helmet.....$10
Outdoor Locker.....$109/season*
Indoor Locker.....$99/season*

**Only rented as a package.
*Sales tax not included.

Season Package Rates

Sales tax not included.

SEASON PASSES (valid anytime)

Purchase Adult & Youth Season Passes before November 1 and save!

Adult Season Pass (ages 12–61).....$524
Youth Season Pass (ages 5–11).....$424
Senior Season Pass (ages 62+).....$219
Family Season Pass.....$1,274

A Family Pass is valid for any four family members living in the same household. Additional family members are $199 each. **No transfers, additions, or changes allowed after purchase.**

- Season passes are not transferable.
- All pass holders must present their season pass for a daily lift ticket prior to using the hill each visit.
- Ages 4 and under are free with a paying adult.

OTHER PACKAGES

10-Visit Pass (10 all-day tickets).....$329
6-Visit Pass (6 all-day tickets).....$209
Ski Rental Pack (10 all-day rentals).....$199
Snowboard Rental Pack (10 all-day rentals).....$199

- Visit and rental packages are transferable.

Follow us @HylandSki
Facebook.com/HylandSki
and #HylandHills

Hyland Hills Chalet Rental Spaces

Celebrate your special occasion at Hyland Hills. The Alpine and Ridgeview Rooms feature soaring ceilings and panoramic views of the entire area. Available late-April through late-September, this is a breathtaking venue for any event including weddings, reunions and corporate meetings. The hillside provides additional ceremony and activity opportunities. **Contact HylandEvents@ThreeRiversParks.org** or **763-694-7811** for more information.

Child & Youth

Ski and Snowboard Lessons

Quality instruction

A variety of programs for young skiers and snowboarders are available, from the novice strapping on a pair of ski boots for the first time to those wanting to work on big air and freestyle techniques.

To maximize skill improvement, students are separated by age and ability and evaluated for placement on the first day of class. Each child's performance and skills are continually evaluated to make sure they are placed in an appropriate level class. Please be advised that your child may not always ride the chairlift with an instructor and may ride it with other children or alone. Private and semi-private lessons are available for even more focused instruction.

All lessons include lift ticket.

Child Ski

***Hot Cocoa Club Ski Lessons include rental equipment for both parent/guardian and child.**

HOT COCOA CLUB SKI LESSONS – MINI SESSION

Ages 3–5
Three 2-hour lessons, $205*

Enjoy on-snow fun, creative playtime and a cup of cocoa with your child as they learn skiing fundamentals in this signature Hot Cocoa Club program. A parent/guardian with skiing experience is required to participate on skis. Parents play an active part in teaching by using learning tethers. Designed for young first-time skiers.

Dates	Start Times
Tuesdays — Activity #9HHA7003	
Dec 2 – Dec 16	10 AM, 12:30 PM
Wednesdays — Activity #9HHA7004	
Dec 3 – Dec 17	10 AM, 12:30 PM
Thursdays — Activity #9HHA7005	
Dec 4 – Dec 18	10 AM, 12:30 PM

HOT COCOA CLUB SKI LESSONS – EXTENDED SESSION

Ages 3–5
Six 2-hour lessons, $275*

Enjoy on-snow fun, creative playtime and a cup of cocoa with your child as they learn skiing fundamentals in this signature Hot Cocoa Club program. A parent/guardian with skiing experience is required to participate on skis. Parents play an active part in teaching by using learning tethers. Designed for young first-time skiers.

Dates	Start Times
Tuesdays — Activity #9HHA7013	
Jan 6 – Feb 10	10 AM, 12:30 PM
Wednesdays — Activity #9HHA7014	
Jan 7 – Feb 11	10 AM, 12:30 PM
Thursdays — Activity #9HHA7015	
Jan 8 – Feb 12	10 AM, 12:30 PM

HOT COCOA CLUB SKI LESSONS – SPRING SESSION

Ages 3–5
Four 2-hour lessons, $235*

Enjoy the warm spring sunshine as your new skier continues to master the fundamentals in this signature Hot Cocoa Club program. A parent/guardian with skiing experience is required to participate on skis; tethers may be used. Parents play an active part in teaching by using learning tethers. Designed for continued skill development for young skiers.

Dates	Start Times
Tuesdays – Activity #9HHA7023	
Feb 17 – Mar 10	10 AM, 12:30 PM
Wednesdays – Activity #9HHA7024	
Feb 18 – Mar 11	10 AM, 12:30 PM
Thursdays – Activity #9HHA7025	
Feb 19 – Mar 12	10 AM, 12:30 PM

HOT COCOA CLUB SKI LESSONS ADVANCED – EXTENDED SESSION

Ages 3–5
Six 2-hour lessons, $245*

Help your skier advance their freeskiing skills in this signature advanced Hot Cocoa Club program. Participants must be able to ski an easy run in control, turn and stop on command. A parent/guardian with skiing experience is required to participate on skis; tethers are not used. Designed for advanced skill development for young skiers.

Dates	Start Time
Mondays – Activity #9HHA7042	
Jan 5 – Feb 23 *No lessons Jan 19 & Feb 16*	12:30 PM

Youth Ski

YOUTH SKI LESSONS

Ages 5–17
Three 1.5-hour lessons, $200
Optional: Equipment $10 | Helmet $20

Learn to ski or improve your technique with small group instruction and fun in this signature Ski Kids program. Become self-sufficient by learning how to turn, stop, control speed and safely ride lifts alone or in small groups. Some playtime may be included. All skill levels welcome.

Parents can learn at a similar time during adult ski or snowboard lessons; see pages 12–15.

Dates	Start Times
Sundays – Activity #9HHA8001	
Dec 7 – 21	9 AM, 11 AM, 1:15 PM, 3:15 PM
Jan 11 – 25	9 AM, 11 AM, 1:15 PM, 3:15 PM
Feb 1 – 15	9 AM, 11 AM, 1:15 PM, 3:15 PM
Feb 22 – Mar 8	9 AM, 11 AM, 1:15 PM, 3:15 PM
Wednesdays – Activity #9HHA8004	
Dec 3 – 17	7 PM
Jan 7 – 21	7 PM
Jan 28 – Feb 11	7 PM
Feb 18 – Mar 4	7 PM
Fridays – Activity #9HHA8006	
Dec 5 – 19	7 PM
Jan 9 – 23	7 PM
Jan 30 – Feb 13	7 PM
Feb 20 – Mar 6	7 PM
Saturdays – Activity #9HHA8007	
Dec 6 – 20	9 AM, 11 AM, 1:15 PM, 3:15 PM
Jan 10 – 24	9 AM, 11 AM, 1:15 PM, 3:15 PM
Jan 31 – Feb 14	9 AM, 11 AM, 1:15 PM, 3:15 PM
Feb 21 – Mar 7	9 AM, 11 AM, 1:15 PM, 3:15 PM

YOUTH SKI LESSONS – INTRODUCTION TO RACING

Ages 6–13 | Nine 2-hour lessons, $555
Optional: Equipment $10 | Helmet $32

Further your skiing abilities by learning the basics of racing through games, fun activities and skiing in a beginner course. The skills gained through this program can be applied to any of the slopes in the Midwest and beyond. Designed for intermediate skiers who are able to ski blue and black terrain.

Dates	Start Times
Sundays — Activity #9HHA8065	
Jan 11 – Mar 8	9 AM, 12 PM

YOUTH SKI LESSONS – PASSPORT PROGRAM

Ages 7–17 | Six 1.5-hour lessons, $360
Optional: Equipment $10 | Helmet $32

Develop your skiing skills with experienced instructors in this signature skiing program. All skill levels welcome.

Dates	Start Times
Tuesdays — Activity #9HHA8013	
Dec 2 – Jan 20 *No lessons Dec 23 & 30*	7 PM
Jan 27 – Mar 3	7 PM
Thursdays — Activity #9HHA8015	
Dec 4 – Jan 22 *No lessons Dec 25 & Jan 1*	7 PM
Jan 29 – Mar 5	7 PM

YOUTH SKI LESSONS – WINTER BREAK SESSION

Ages 7–17 | Three 1.5-hour lessons, $200
Optional: Equipment $10 | Helmet $20

Improve your skills, ski more terrain and prepare for the remainder of the winter season. Enjoy your break from school and spend free time with your classmates in this popular Winter Break Ski Kids program. All skill levels welcome.

Dates	Start Times
Monday, Tuesday, Wednesday — Activity #9HHA8100	
Dec 22–24	9 AM, 11 AM, 1:15 PM
Dec 29–31	9 AM, 11 AM, 1:15 PM, 3:15 PM
Friday, Saturday, Sunday — Activity #9HHA8100	
Dec 26 –28	9 AM, 11 AM, 1:15 PM, 3:15 PM
Jan 2–4	9 AM, 11 AM, 1:15 PM, 3:15 PM

YOUTH SKI LESSONS – NORTH GUIDES

Ages 12–17
Six 2-hour lessons, $360
Optional: Equipment $10 | Helmet $32

In this advanced level ski class, improve your skills in a less traditional environment and take your skiing to the next level. Skiers should be proficient, intermediate parallel turners that are able to ski in control on appropriate terrain.

Dates	Start Times
Saturdays — Activity #9HHA8057	
Dec 6 – Jan 24 *No lessons Dec 27 & Jan 3*	9 AM
Jan 31 – Mar 7	9 AM

YOUTH SKI ADVENTURE LESSONS – THE MOUNTAINEERS

Ages 7–17
Six 1.5-hour lessons, $360
Optional: Equipment $10 | Helmet $32

Improve basic skills while learning about freeskiing and racing. Designed for skiers with intermediate to advanced skills who are able to ride lifts unassisted and can ski in control on appropriate terrain.

Dates	Start Times
Sundays – Activity #9HHA8031	
Dec 7 – Jan 25 *No lessons Dec 28 & Jan 4*	9 AM, 11 AM, 1:15 PM
Feb 1–Mar 8	9 AM, 11 AM, 1:15 PM

TWINTIP PROGRAM

Ages 7–17 | Six 1.5-hour lessons, $360
Optional: Equipment $10 | Helmet $32

Kicker, 3's, tail grabs: If this lingo is familiar, then this lesson series is for you! Specialized TwinTip ski freestyle instructors cultivate a fun, safe and encouraging environment during this unique, terrain park-focused program. Participants must be able to demonstrate basic ski/snowboard movements (how to link turns, stop and ride the chairlift).

Dates	Start Times
Saturdays – Activity #9HHA8538	
Dec 6 – Jan 24 *No lessons Dec 27 & Jan 3*	9 AM
Jan 31 – Mar 7	9 AM

All lessons include lift ticket.

Adapted Ski & Snowboard

ADAPTED SKI LESSONS – HYLAND SKI STARS

Ages 6–15
Six 1.5-hour lessons, $315

Have fun and develop your skiing skills in a safe and controlled environment. Limited space available. Rental equipment included. Designed for youth with developmental disabilities.

Dates	Start Time
Mondays – Activity #9HHA8042	
Jan 5 – Feb 23 *No lessons Jan 19 & Feb 16*	6 PM

DEAF & HARD OF HEARING – LEARN TO SKI/SNOWBOARD LESSONS

Ages 7+
Five 2-hour lessons, $195
Equipment rental included

Taught in a customized learning environment tailored to each individual student's needs, our program supports personal improvement and development. For beginning to intermediate skiers and snowboarders, the lessons promote self-confidence, physical activity and skill development.

Dates	Start Time
Sundays — Activity #9HHA9800	
Jan 11 – Feb 8	9 AM

Child Snowboard

CHILD SNOWBOARD LESSONS – LITTLE SHREDDERS

Ages 5–6
Three 1.5-hour lessons, $200
Optional: Equipment $10 | Helmet $20

Enjoy on-snow fun and creative playtime while learning snowboarding fundamentals in this signature program. Designed for young first-time snowboarders.

Dates	Start Time
Saturdays — Activity #9HHA7506	
Dec 6–20	9:15 AM, 11:15 AM, 1:30 PM
Jan 10–24	9:15 AM, 11:15 AM, 1:30 PM
Jan 31–Feb 14	9:15 AM, 11:15 AM, 1:30 PM
Feb 21–Mar 7	9:15 AM, 11:15 AM, 1:30 PM
Sundays — Activity #9HHA7507	
Dec 7–21	9:15 AM
Jan 11–25	9:15 AM
Feb 1–15	9:15 AM
Feb 22–Mar 8	9:15 AM

Youth Snowboard

YOUTH SNOWBOARD LESSONS

Ages 7–17
Three 1.5-hour lessons, $200
Optional: Equipment $10 | Helmet $20

Discover snowboarding with instructors who specialize in freeriding, ripping the hill, beginning slopestyle and park riding. Become self-sufficient in this signature Snowboard Jam program by learning how to turn, stop, control speed and safely ride lifts. All skill levels welcome.

Parents can learn at a similar time during adult ski or snowboard lessons; see pages 12–15.

Dates	Start Times
Sundays — Activity #9HHA8511	
Dec 7 – 21	9:15 AM, 11:15 AM, 1:30 PM
Jan 11 – 25	9:15 AM, 11:15 AM, 1:30 PM
Feb 1 – Feb 15	9:15 AM, 11:15 AM, 1:30 PM
Feb 22 – Mar 8	9:15 AM, 11:15 AM, 1:30 PM
Wednesdays — Activity #9HHA8514	
Dec 3 – 17	7 PM
Jan 7 – 21	7 PM
Jan 28 – Feb 11	7 PM
Feb 18 – Mar 4	7 PM
Fridays — Activity #9HHA8516	
Dec 5 – 19	7 PM
Jan 9 – 23	7 PM
Jan 30 – Feb 13	7 PM
Feb 20 – Mar 6	7 PM
Saturdays — Activity #9HHA8517	
Dec 6 – 20	9:15 AM, 11:15 AM, 1:30 PM
Jan 10 – 24	9:15 AM, 11:15 AM, 1:30 PM
Jan 31 – Feb 14	9:15 AM, 11:15 AM, 1:30 PM
Feb 21 – Mar 7	9:15 AM, 11:15 AM, 1:30 PM

YOUTH SNOWBOARD LESSONS – WINTER BREAK SESSION

Ages 7–17

Three 1.5-hour lessons, $200

Optional: Equipment $10 | Helmet $20

Improve your skills for freeriding, slopestyle or park riding with concentrated instruction. Enjoy your school break with your classmates in this popular Winter Break Snowboard Jam program. All skill levels welcome.

Dates	Start Times
Monday, Tuesday, Wednesday – Activity #9HHA8600	
Dec 22 – 24	9:15 AM, 11:15 AM, 1:30 PM
Dec 29 – 31	9:15 AM, 11:15 AM, 1:30 PM
Friday, Saturday, Sunday – Activity #9HHA8600	
Dec 26 – 28	9:15 AM, 11:15 AM, 1:30 PM
Jan 2 – 4	9:15 AM, 11:15 AM, 1:30 PM

YOUTH SNOWBOARD LESSONS – PASSPORT PROGRAM

Ages 7–17

Six 1.5-hour lessons, $360

Optional: Equipment $10 | Helmet $32

Develop your snowboarding skills with experienced instructors in this signature Snowboard Jam program. All skill levels welcome.

Dates	Start Time
Sundays – Activity #9HHA8541	
Dec 7 – Jan 25 *No lesson Dec 28 & Jan 4*	3:30 PM
Feb 1 – Mar 8	3:30 PM
Saturdays – Activity #9HHA8547	
Dec 6 – Jan 24 *No lesson Dec 27 & Jan 3*	3:30 PM
Jan 31 – Mar 7	3:30 PM

SNOWBOARD FREESTYLE PROGRAM

Ages 7–17

Six 1.5-hour lessons, $360

Optional: Equipment $10 | Helmet $32

Kicker, 3's, tail grabs: If this lingo is familiar, then this lesson series is for you! Specialized snowboard freestyle instructors cultivate a fun, safe and encouraging environment during this unique, terrain park-focused program. Participants must be able to demonstrate basic ski/snowboard movements.

Dates	Start Times
Saturdays – Activity #9HHA8537	
Dec 6 – Jan 24 *No lessons Dec 27 & Jan 3*	9 AM
Jan 31 – Mar 7	9 AM

Homeschool

HOMESCHOOL DROP-OFF: DOWNHILL SKI CLINIC

Ages 7–17
Three 1.5-hour lessons, $145

Start the season off right with three days of progressive learning for your skier. Homeschool students are separated by age and ability and taught how to ski in small groups (snowboard lessons are not offered). All skill levels welcome. Includes all-day lift ticket, equipment and helmet rental. Reservations required. Please arrive by 9:30 AM for check in.

Dates	Start Time
Tuesday, Wednesday, Thursday — Activity #6HHA1000_01	
Dec 2, 3, 4	10 AM
Monday, Tuesday, Wednesday — Activity #6HHA1000_02	
Jan 5, 6, 7	10 AM

HOMESCHOOL: SKI AND SNOWBOARD DAYS

Ages 5+
Lift Ticket and Equipment, $32
Lift Ticket only, $25

Reduced rates for homeschool students & their families

Skiing and snowboarding are fun and lifetime skills. Homeschool students and their families can get discounted packages that include lift ticket, helmet rental and rental equipment. Limited number of equipment rentals are available per day.

All tickets must be reserved in advance with an entry time selected. Tickets must be picked up by 2 p.m. Ticket registration will close at midnight the night before the event. No day-of registration is allowed. You may cancel or reschedule up to seven days before at no cost or penalty. Cancellations less than seven days before are non-refundable.

A fee of $10 will be charged to switch from snowboard rental to ski or vice versa. Adult attendees on Homeschool Days must be accompanied by a child 5-17 years old within their household.

Dates	Time
Lift Ticket & Rental	
Tuesday, Dec 9 – #6HHA100T-105T	9 AM, 10 AM, 11 AM
Monday, Jan 12 – #6HHA200T-205T	9 AM, 10 AM, 11 AM
Monday, Feb 2 – #6HHA300T-305T	9 AM, 10 AM, 11 AM
Monday, March 2 – #6HHA400T-405T	9 AM, 10 AM, 11 AM

Scouts Ski & Snowboard Day

March 14

SKI OR SNOWBOARD LESSON

Ages 6–17

One 1.5-hour lesson, $58

Optional: Equipment $22

Scouts beginner ski or snowboard lesson. **Please arrive by 8:30 AM for check in.** Reservations required by March 13.

Date	Time
Activity #6HHA5000_01	
Saturday, March 14	9–10:30 AM

BOY SCOUTS SKI OR SNOWBOARD MERIT BADGE TEST

Ages 11–17

One 1.5-hour test, $58

Optional: Equipment $22

Boy Scouts must be an intermediate skier/snowboarder to participate in the on-hill badge test. Scout must bring a signed blue card. Please arrive by 8:30 AM for check in. Reservations required by March 13. Prerequisite: comfortable skiing blue and black runs.

Date	Time
Activity #6HHA5000_11	
Saturday, March 14	9–10:30 AM

SCOUT DAY LIFT TICKETS & RENTALS

Ages 6+

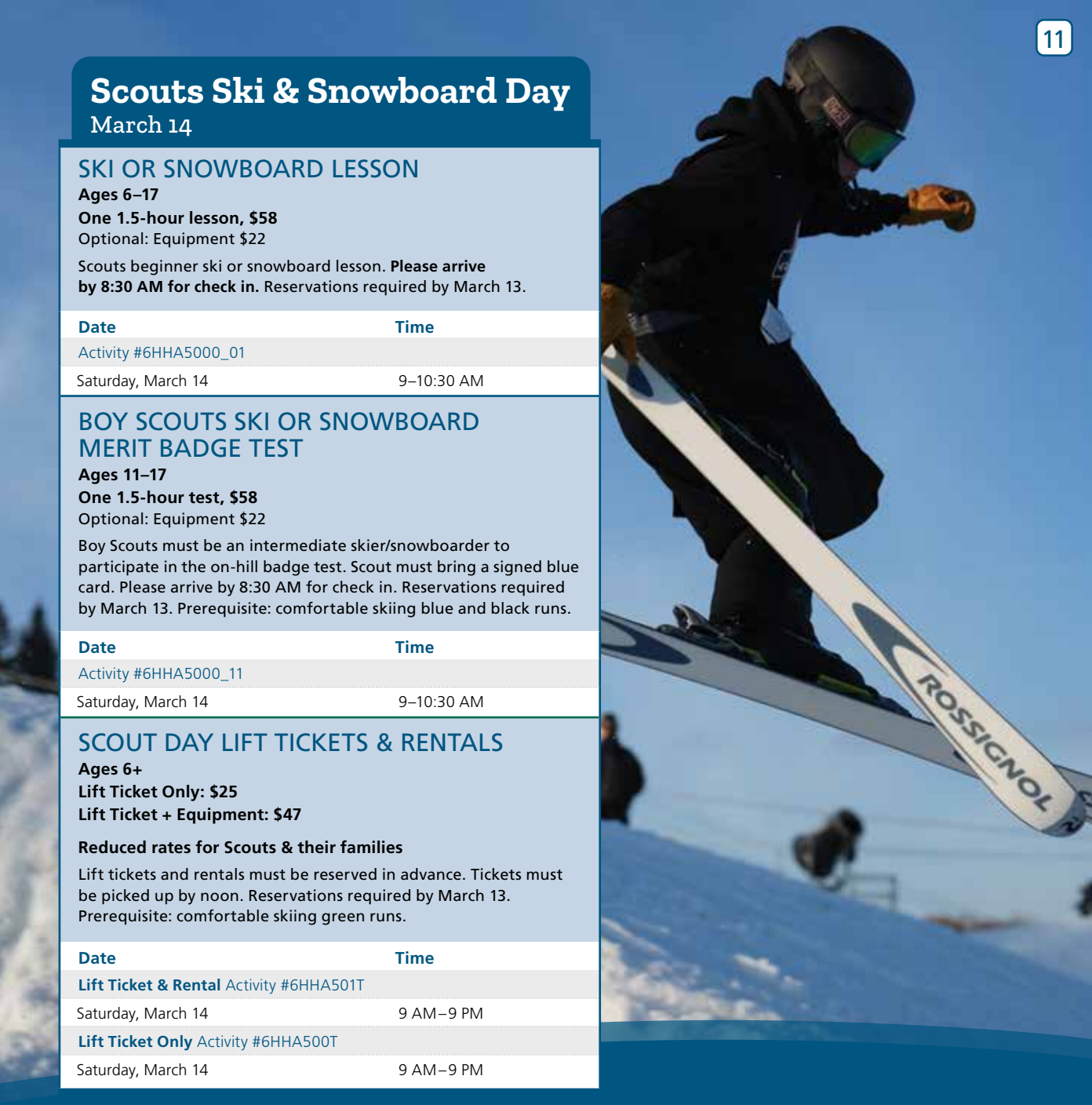
Lift Ticket Only: $25

Lift Ticket + Equipment: $47

Reduced rates for Scouts & their families

Lift tickets and rentals must be reserved in advance. Tickets must be picked up by noon. Reservations required by March 13. Prerequisite: comfortable skiing green runs.

Date	Time
Lift Ticket & Rental Activity #6HHA501T	
Saturday, March 14	9 AM–9 PM
Lift Ticket Only Activity #6HHA500T	
Saturday, March 14	9 AM–9 PM



Adult

ski and snowboard lessons

Whether you want to brush up on your skiing skills or give snowboarding a try, our excellent instructors will help you feel comfortable out on the slopes.

Participants are evaluated and separated by skill level on the first day of class. Ongoing evaluation and placement will occur to maximize your progress.

Private and semi-private lessons are available for even more focused instruction.

Adult Ski

ADULT SKI LESSONS

Ages 18+ | Three 1.5-hour lessons, $140
Optional: Equipment $10 | Helmet $20

Learn to ski for the first time, polish your skills or get ready for a family outing with some of the most experienced instructors on staff. All skill levels welcome.

Dates	Start Time
Sundays – Activity #9HHA9001	
Dec 7 – 21	9 AM, 11 AM, 1:15 PM, 3:15 PM
Jan 11 – 25	9 AM, 11 AM, 1:15 PM, 3:15 PM
Feb 1 – Feb 15	9 AM, 11 AM, 1:15 PM, 3:15 PM
Feb 22 – Mar 8	9 AM, 11 AM, 1:15 PM, 3:15 PM
Wednesdays – Activity #9HHA9004	
Dec 3 – 17	7 PM
Jan 7 – 21	7 PM
Jan 28 – Feb 11	7 PM
Feb 18 – Mar 4	7 PM

Dates	Start Times
Fridays – Activity #9HHA9006	
Dec 5 – 19	7 PM
Jan 9 – 23	7 PM
Jan 30 – Feb 13	7 PM
Feb 20 – Mar 6	7 PM
Saturdays – Activity #9HHA9007	
Dec 6 – 20	9 AM, 11 AM, 1:15 PM, 3:15 PM
Jan 10 – 24	9 AM, 11 AM, 1:15 PM, 3:15 PM
Jan 31 – Feb 14	9 AM, 11 AM, 1:15 PM, 3:15 PM
Feb 21 – Mar 7	9 AM, 11 AM, 1:15 PM, 3:15 PM

WOMEN'S SKI LESSONS

Ages 18+ | Three 2-hour lessons, $140
Optional: Equipment $10 | Helmet $20

Learn to ski for the first time or improve your skills in a supportive and safe environment. Our best female instructors will ensure you learn the fundamentals of skiing and have fun on the slopes. Lessons are divided into small groups organized by ability. All ski levels are welcome.

Dates	Start Time
Tuesdays – Activity #9HHA9103	
Dec 2 – 16	9:30 AM
Jan 6 – 20	9:30 AM
Jan 27 – Feb 10	9:30 AM
Feb 17 – Mar 3	9:30 AM
Thursdays – Activity #9HHA9105	
Dec 4 – 18	10 AM
Jan 8 – 22	10 AM
Jan 29 – Feb 12	10 AM
Feb 19 – Mar 5	10 AM

WOMEN'S SKI AND SNOWBOARD CLUB

Ages 18+ | Six 2-hour lessons, $265
Optional: Equipment $10 | Helmet $20

Are you looking to ski or snowboard with other women in a fun, relaxed group environment? Join the Women's Ski and Snowboard Club! The focus is to build skills and gain confidence in a supportive setting. Instructors will hit the slopes with you to answer questions and provide a few tips to improve your skiing or snowboarding. Socializing on the chairlift is strongly encouraged! Prerequisite: comfortable skiing or snowboarding green runs.

Dates	Start Time
Wednesdays – Activity #9HHA9110	
Dec 3 – Jan 21 *No lesson Dec 24 & 31*	9:30 AM
Jan 28 – Mar 4	9:30 AM

All lessons include lift ticket.

ADULT SKI LESSONS – DATE NIGHT

Ages 21+ | One 1.5-hour lesson, $99/couple

Bring a date or friend for a unique night out. Includes ski lesson, equipment and helmet rental, plus each person receives a voucher for a pint of beer at Wooden Hill Brewing Company. Lessons are designed for beginners only.

Already know how to ski? Discounted date night rates are available for $79/couple every Friday between 6–9 PM. Includes lift ticket, rental and two vouchers for a pint of beer at Wooden Hill. No reservations needed.

Dates	Start Time
Friday – Activity #9HHA9306	
Dec 12	7 PM
Dec 19	7 PM
Jan 16	7 PM
Jan 23	7 PM
Feb 6	7 PM
Feb 13	7 PM
Feb 27	7 PM
Mar 6	7 PM

ADULT SKI LESSONS – SKI YOUNGER

Ages 55+ | Three 3-hour lessons, $160

Become the perfect partner for your skis with professional assistance and development. Learn to ski safely and gently in a fun environment that builds your confidence. Includes rentals and one 1.5-hour follow-up program* that includes a lesson and speaker.

*Follow-up program starts at 10 AM.
Date options: Jan 16, 30, Feb 13.

Dates	Start Time
Tuesday, Wednesday, Thursday — Activity #9HHA9212	
Dec 9 – 11	9 AM
Monday, Tuesday, Wednesday — Activity #9HHA9212	
Jan 5 – 7	9 AM
Jan 12 – 14	9 AM
Jan 26 – 28	9 AM
Feb 2 – 4	9 AM
Feb 23 – 25	9 AM

SKI YOUNGER ADVANCED

*Follow-up program starts at 10 AM.
Date options: Jan 16, 30, Feb 13.

Tuesday, Wednesday, Thursday — Activity #9HHA9222	
Dec 16 – 18	9 AM
Monday, Tuesday, Wednesday — Activity #9HHA9222	
Feb 9–11	9 AM

Adult Snowboard

ADULT SNOWBOARD LESSONS

Ages 18+ | Three 1.5-hour lessons, $140
Optional: Equipment $10 | Helmet $20

Learn to board for the first time, polish your freeriding skills, or get ready for a family outing with the best instructors on staff. All skill levels welcome.

Dates	Start Times
Sundays – Activity #9HHA9501	
Dec 7 – 21	9:15 AM, 11:15 AM, 1:30 PM
Jan 11 – 25	9:15 AM, 11:15 AM, 1:30 PM
Feb 1 – 15	9:15 AM, 11:15 AM, 1:30 PM
Feb 22 – Mar 8	9:15 AM, 11:15 AM, 1:30 PM
Wednesdays – Activity #9HHA9504	
Dec 3 – 17	7 PM
Jan 7 – 21	7 PM
Jan 28 – Feb 11	7 PM
Feb 18 – Mar 4	7 PM
Fridays – Activity #9HHA9506	
Dec 5 – 19	7 PM
Jan 9 – 23	7 PM
Jan 30 – Feb 13	7 PM
Feb 20 – Mar 6	7 PM
Saturdays – Activity #9HHA9507	
Dec 6 – 20	9:15 AM, 11:15 AM, 1:30 PM
Jan 10 – 24	9:15 AM, 11:15 AM, 1:30 PM
Jan 31 – Feb 14	9:15 AM, 11:15 AM, 1:30 PM
Feb 21 – Mar 7	9:15 AM, 11:15 AM, 1:30 PM

WOMEN'S SNOWBOARD LESSONS

Ages 18+ | Three 1.5-hour lessons, $140
Optional: Equipment $10 | Helmet $20

Learn to snowboard for the first time or improve your skills in a supportive and safe environment. Our best instructors will ensure you learn the fundamentals of snowboarding and have fun on the slopes. Lessons are divided into small groups organized by ability. All skill levels welcome.

Dates	Start Times
Thursdays – Activity #9HHA9605	
Dec 4 – 18	10 AM, 7 PM
Jan 8 – 22	10 AM, 7 PM
Jan 29 – Feb 12	10 AM, 7 PM
Feb 19 – Mar 5	10 AM, 7 PM

ADULT SNOWBOARD LESSONS – DATE NIGHT

Ages 21+ | One 1.5-hour lesson, $99/couple

Bring a date or friend for a unique night out. Includes snowboard lesson, equipment and helmet rental, plus each person receives a voucher for a pint of beer at Wooden Hill Brewing Company. Lessons are designed for beginners only.

Already know how to ski? Discounted date night rates are available for $79/couple every Friday between 6–9 PM. Includes lift ticket, rental and two vouchers for a pint of beer at Wooden Hill. No reservations needed.

Dates	Start Time
Friday – Activity #9HHA9706	
Dec 12	7 PM
Dec 19	7 PM
Jan 16	7 PM
Jan 23	7 PM
Feb 6	7 PM
Feb 13	7 PM
Feb 27	7 PM
Mar 6	7 PM

All lessons include lift ticket.

Three Rivers Alpine Patrol

A unique volunteer opportunity in the Twin Cities for individuals aged 15 and above who are proficient in their alpine activity.

- Trainings to become a patroller are locally hosted and take about a year to complete.
- Obtain National Ski Patrol Outdoor Emergency Care certification. No medical experience required.
- Sharpen your skills through Alpine and toboggan handling certification.
- Enjoy Park District and National Ski Patrol discounts once you complete the training program and become a full patroller.

Prerequisite information sessions are held late November, early December and late February. Email SkiPatrol@ThreeRiversParks.org for more information.

Financial Assistance

First Tracks is a scholarship program available at Hyland Hills Ski Area that provides partial financial assistance to help local youth learn and continue to grow their ski and snowboard skills. The First Track scholarship program is available to individuals, schools and groups with financial needs. ThreeRiversParks.org/FirstTracks

Härdsmälta

Save the date – March 15

What is it? It's Swedish for meltdown and the annual spring pond skim! More food, more demos, a bigger pond, and more prizes. Watch for details at Facebook.com/HylandSki.

Private/Semi-Private Lessons

Whether you're a beginner or an expert, personal instruction allows you to learn at your own pace and realize your goals. Professional instructors focus on making you a better skier or snowboarder in a fun, relaxed environment. Please be advised that your child may not always ride with an instructor and may ride lifts with other children or alone. Rental is not included. Scheduling is based on instructor availability.

Registration for private lessons begins **Thursday, Nov. 13** at 8 AM online or by calling 763-694-7800.

Ski Lessons

Ages 4+
Monday–Friday (non-holidays): 1 PM, 3 PM or 5 PM
Weekends & Holidays: 9 AM, 11 AM, 1:15 PM or 3:15 PM

Jan 19 – Martin Luther King Jr. Day
Feb 16 – President's Day

Snowboard Lessons

Ages 5+
Weekends & Holidays: 9:15 AM, 11:15 AM, 1:30 PM or 3:30 PM

Jan 19 – Martin Luther King Jr. Day
Feb 16 – President's Day

Rates

Private ski or snowboard lesson (1.5 hours) $81
Additional person for a semi-private lesson* $65
Discounted lesson equipment rental** $19

**Semi-private lessons have a limit of two people ages 6+ who are of similar age and ability.*

***Available on the day of private lesson.*

INFORMATION: **763-694-7800 | HHSnowSportsAcademy@ThreeRiversParks.org**

Learn Your Responsibility Code

Your Responsibility Code is a compilation of slope safety rules used universally at U.S. resorts. Please review Your Responsibility Code and share the information with your friends and children. Three Rivers Park District is committed to promoting slope safety. In addition to those using traditional alpine ski equipment, others on the slopes include snowboarders, telemark skiers or cross–country skiers, skiers with disabilities, and skiers with specialized equipment. Always show courtesy to others and be aware that there are elements of risk in skiing and snowboarding that common sense and personal awareness can help reduce. Know your ability level and stay within it. Observe Your Responsibility Code for a great SnowSports experience.

1. Always stay in control. You must be able to stop or avoid people or objects.
2. People ahead or downhill of you have the right-of-way. You must avoid them.
3. Stop only where you are visible from above and do not restrict traffic.
4. Look uphill and avoid others before starting downhill or entering a trail.
5. You must prevent runaway equipment.
6. Read and obey all signs, warnings, and hazard markings.
7. Keep off closed trails and out of closed areas.
8. You must know how and be able to load, ride and unload lifts safely. If you need assistance, ask the lift attendant.
9. Do not use lifts or terrain when impaired by alcohol or drugs.
10. If you are involved in a collision or incident, share your contact information with each other and a ski area employee.

Know the Code. It's your responsibility. Be safety conscious.
Officially endorsed by: National Ski Areas Association.

Hyland Hills freestyle terrain areas are designated with an orange oval and may contain jumps, hits, ramps, banks, fun boxes, jibs, rails, half pipes, quarter pipes, snowcross, bump terrain and other constructed or natural terrain features. They are provided for your enjoyment and offer adventure, challenge and fun. However, freestyle terrain use, like all skiing and riding, exposes you to the risk of serious injury. Prior to using freestyle terrain, it is your responsibility to familiarize yourself with all instructions and warning signs, and to follow Your Responsibility Code. Freestyle skills require maintaining control on the ground, and in the air. Use of freestyle terrain exposes you to the risk of serious injury or death.

Partner Programs

Hyland Hills is proud to work with a number of competitive clubs and community programs that provide unique opportunities for skiers and snowboarders of all abilities.

Competitive Clubs

G TEAM – SNOWBOARDING

This USASA-affiliated program is the Midwest's first and largest snowboarding program. TheGTeam.com

LAKE STATE ALPINE RACING

This is a D-Team/Junior Race program for racers ages 6–18. No prior racing experience is required. The program emphasizes fun, learning and sound alpine skiing techniques in a safe environment and local competition races. LakeStateAlpineRacing.com

MINNEAPOLIS SKI CLUB – SKI JUMPING

The Minneapolis Ski Club has been developing Nordic ski jumpers ranging from beginners to Olympians for nearly a century. Facebook.com/MNSkiClub

NYBORA FREESTYLE SKI TEAM

Skiers receive instruction in moguls, halfpipe, park and aerials, and compete regionally and nationally in USSA events. Nybora.com

TEAM GILBOA DOWNHILL RACING

Racers ages 6–18 are coached and compete regionally and nationally in USSA races. TeamGilboa.com

Adapted Programs

ADAPTED HYLAND SKI STARS

See page 7.

ADAPTIVE RECREATION & LEARNING EXCHANGE

Adaptive Recreation & Learning Exchange provides recreation opportunities for people with disabilities living in the cities of Bloomington, Eden Prairie, Edina and Richfield. 612-861-9361 or AJindra@CityOfRichfield.org

COURAGE KENNY

Courage Kenny provides adaptive downhill ski lessons for people with physical disabilities. Get one-on-one instruction in stand-up, mono or bi-skiing, using cutting edge adaptive technology. CourageCenter.org/Ski

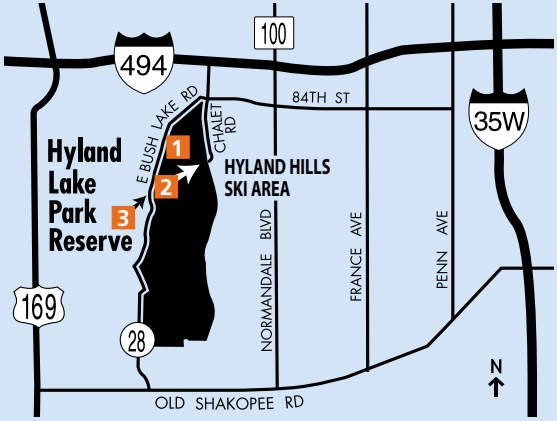
DEAF AND HARD OF HEARING

See page 7.

SPECIAL OLYMPICS

Join Special Olympics Minnesota as an athlete, coach or volunteer. SOMN.org

How To Get Here



Parking & Shuttle Options

To reduce congestion at the Chalet, these parking options are available:

1 Normandale Lake Parking Lots
- Free and convenient
- Continuous complimentary shuttle service during all business hours

2 Premium Parking at the Chalet
- $3 per hour; $12 maximum
- Always free – accessible parking for people with disabilities

3 Bush Lake Overflow Lot
- Free
- Shuttle service when overflow is needed

Take I-494 to the East Bush Lake Road exit. Go south on East Bush Lake Road a half mile. When East Bush Lake Road veers right (west) at the stoplight, continue straight ahead on Chalet Road to the Lake Normandale Parking Lot or to the Chalet.

Group Opportunities

Plan an outing that is just right for your group. Choose downhill skiing or snowboarding for outdoor winter fun that is challenging and rewarding—for a lifetime! Start at Hyland Hills Ski Area and truly go anywhere.

It's easy and affordable for students or any group of 20 or more. Group packages can include lift ticket, rentals and lessons from some of the most-experienced instructors in the Midwest. Call 763-694-7811 or email HylandGroups@ThreeRiversParks.org.

Registration Hyland Hills SnowSports Academy

Register Online

Make sure you're ready to register for SnowSports Academy. Follow these easy steps.

- Go to ThreeRiversParks.org and select Programs & Event.
- Under the "My Account" section, sign in and verify your account information.
- Don't have an account? Select create one now.
- Be sure to include birthdates in your account for everyone that will be registering for SnowSports Academy.
- Confirm your password. To reset, click on "Forgot password."

CALL 763-559-6700 FOR ASSISTANCE

Registration Dates

Public Lessons – begins **Tuesday, Oct. 14** at 8 AM

Private Lessons – begins **Thursday, Nov. 13** at 8 AM
Call 763-694-7800 or book private lessons online.

To help manage the high volume of traffic on busy registration days, a virtual waiting room will be used. Learn more at ThreeRiversParks.org/WaitingRoom

Pre-season chalet hours:
10 AM–4 PM Mondays–Fridays, beginning Oct. 15
9 AM–Noon Saturdays, beginning Nov. 8

Questions?
Call 763-694-7800 or 763-559-6700

Lesson Policies

DAY OF LESSON, CHECK IN EARLY

Check in at the SnowSports Academy desk at least one hour before your *first* lesson.

MISSED LESSONS / REFUNDS

No refunds or make-up lessons are given for missed lessons.

RESCHEDULING FEE

Lessons may be cancelled or rescheduled at no cost at least seven days before the start of your first class. Less than seven days before your class starts, there are no refunds and a $40 rescheduling fee applies. Non-payment of this fee constitutes a cancellation.

WEATHER CLOSURES

If lessons are cancelled due to weather closures, they will be made up as determined by staff. The SnowSports Academy will close when air temperature reaches -25˚F or when windchill temperatures reach -35˚F at the hill. Call for details.

DETERMINING SKILL LEVEL FOR LESSONS

LEVEL	SKIING	SNOWBOARDING
NEVER	Never skied	Never boarded
BEGINNER	Makes wedge turns	Skidded turns only
INTERMEDIATE	Occasionally match skis	Beginning to carve on toe and heel side
ADVANCED	Skis parallel	Carves, rides fakie, some jumps
EXPERT	Skis all slopes in all conditions	Does all jumps and rides park