

Park Patrol REGISTRATION 2011-12

Patrollers must renew membership each year by filling out this form and attending training.

Date: _____ Recent changes to personal data No changes to personal data

First Name: _____ Middle: _____ Last Name: _____

Address: _____ City: _____

State: _____ Zip: _____ E-mail: _____

Home Phone: _____ Work Phone: _____ Cell: _____

NEW VOLUNTEERS

Check here if you are new to Three Rivers Park District. In addition to this form for the position of Park Patrol, volunteers new to Three Rivers must also fill out a Three Rivers Volunteer Application Form and submit to a background check. Links to these online forms will be emailed.

YOUTH VOLUNTEERS

Age if under 18 years: _____ The minimum age is 16 years for Park Patrol. The minimum age is 18 years to patrol on horseback, unless accompanied by parent who is also a patroller. A Volunteer Permission Form is required if you are under age 18. A link to this online form will be emailed.

CURRENT CERTIFICATIONS

Attach a copy of certificates for any training not taken through Three Rivers Park District.

First Aid: Exp. Date _____ Park Patrol OEC Wilderness 1st Responder 1st Responder EMT Paramedic
 Other: _____

CPR: Exp. Date _____ American Heart Association: Heartsaver CPR/AED for All Ages (adult, child, infant) BLS for Healthcare Providers
 American Red Cross: CPR/AED-Adult and Pediatric CPR/AED for the Professional Rescuer and Healthcare Provider

Other: Exp. Date _____ Course name: _____

PATROL MEMBERSHIP

National Ski Patrol: Patrol Name and Patrol Representative: _____
 Candidate Basic Senior Nordic Alpine Snowboard Other: _____

Three Rivers Park Patrol: Last renewed: Spring 2011 Fall 2010 Spring 2010 Fall 2009 Other: _____

PARK CHOICE: P - prefer / T - will to travel to / N - not interested

- | | |
|--|--|
| <input type="checkbox"/> Baker | <input type="checkbox"/> Hyland |
| <input type="checkbox"/> Carver | <input type="checkbox"/> Gale Woods* |
| <input type="checkbox"/> Cleary Lake | <input type="checkbox"/> Lake Rebecca |
| <input type="checkbox"/> Crow-Hassan | <input type="checkbox"/> Murphy-Hanrehan |
| <input type="checkbox"/> Eagle Lake** as scheduled | <input type="checkbox"/> Regional Trails* Apr. 1-Nov. 14 |
| <input type="checkbox"/> Elm Creek | |
| <input type="checkbox"/> Fish Lake* | * spring/summer/fall only |
| <input type="checkbox"/> French | **winter only when scheduled |

PATROL UNIT:

- Park Trails
- Horse Trails
- Regional Trails
- Mountain Host
- Events, Programs, Races

MODE OF PATROLLING:

- Biking
- Mountain Biking
- Horseback Riding
- In-line Skating
- Walking
- Cross-country Skiing
- Snowshoeing

ALL PATROLLERS MUST READ AND SIGN BELOW:

TENNESSEN WARNING NOTICE: I understand that private data is protected under state and/or federal laws and cannot be disclosed without my written consent unless otherwise provided for by state or federal law. Private means that the information is available only to the person the information is about and Three Rivers Park District staff who must use it in the normal course of conducting Park District business and otherwise as provided by law. I authorize Three Rivers Park District to release the information as indicated for inclusion in the patrol list for the current period to be shared with park patrol volunteers and authorized staff as follows. Indicate Y (yes) or N (no).

Address: _____ H phone: _____ W phone: _____ E-mail: _____ Cell phone: _____

I understand that my participation as a park patrol volunteer may involve risks such as personal injury caused by my participation in cross-country skiing, biking, in-line skating, hiking, or horseback riding activities, and potential exposure to bloodborne pathogens as a result of first aid care to park guests.

Volunteer Signature: _____

TRAINING REGISTRATION:

Patrollers must complete training annually. Enter the class number and fee from the training schedule provided.

| | |
|----------------------------|-----------------------------|
| New Patroller Orientation: | Course # _____ No Fee |
| CPR: | Course # _____ Fee \$ _____ |
| First Aid: | Course # _____ Fee \$ _____ |
| Patrol Simulation: | Course # _____ No Fee |
| Winter Patrol Meeting: | Course # _____ No Fee |
| Summer Patrol Meeting: | Course # _____ No Fee |
| | Total Fee \$ _____ |

Make checks payable to **Three Rivers Park District**.
 To pay with credit card, call 763.694.1104

Complete registration form and send to:
 Three Rivers Field Operations Center - Volunteer Office
 12615 County Road 9, Plymouth, MN 55441
 FAX: 763.557.4943 Email: volunteer@threeriversparkdistrict.org

Training Schedule FALL 2011-SPRING 2012

New Patroller Training

| Course # | Course Name | Day | Date | Time | Location |
|--|-----------------------|-------|--------------------|------------------|--|
| <input type="checkbox"/> PO-1 | Patroller Orientation | WE | Nov. 2, 2011 | 6-8:30 p.m. | Hyland (Ski & Snowboard Area, Bloomington) |
| <input type="checkbox"/> CPR-F1 | CPR AED-full course | WE | Nov. 9, 2011 | 6-10 p.m. | Hyland (Ski & Snowboard Area, Bloomington) |
| <input type="checkbox"/> FA-F1 | First Aid-full course | WE/TH | Nov. 16 & 17, 2011 | 6-10 p.m. | Hyland (Visitor Center, Bloomington) |
| <i>See below Patrol Simulation and Patrol Meetings</i> | | | | | |
| <input type="checkbox"/> PO-2 | Patroller Orientation | SA | Mar. 10, 2012 | 9-11:30 a.m. | French (Field Operations Center, Plymouth) |
| <input type="checkbox"/> CPR-F2 | CPR AED-full course | SA | Mar. 10, 2012 | noon-4 p.m. | French (Field Operations Center, Plymouth) |
| <input type="checkbox"/> FA-F2 | First Aid-full course | SA | Mar. 17, 2012 | 8 a.m.-4:30 p.m. | French (Field Operations Center, Plymouth) |
| <i>See below Patrol Simulation and Patrol Meetings</i> | | | | | |

Returning Patroller Training

| Course # | Course Name | Day | Date | Time | Location |
|--|-------------------------|-----|---------------|----------------------|--|
| <input type="checkbox"/> FA-R1 | First Aid-refresher | WE | Sep. 28, 2011 | 6-10 p.m. | French (Field Operations Center, Plymouth) |
| <input type="checkbox"/> FA-R2 | First Aid-refresher | WE | Oct. 19, 2011 | 6-10 p.m. | French (Field Operations Center, Plymouth) |
| <input type="checkbox"/> FA-R3 | First Aid-refresher | SA | Oct. 29, 2011 | 8:30 a.m.-12:30 p.m. | Hyland (Visitor Center, Bloomington) |
| <input type="checkbox"/> FA-R4 | First Aid-refresher | WE | Mar. 14, 2012 | 6-10 p.m. | French (Field Operations Center, Plymouth) |
| <input type="checkbox"/> BLS-R1 | BLS-Refresher | WE | Oct. 5, 2011 | 6-10 p.m. | Hyland (Ski & Snowboard Area, Bloomington) |
| <input type="checkbox"/> CPR-R1 | CPR AED-recertification | WE | Oct. 12, 2011 | 6-9 p.m. | French (Field Operations Center, Plymouth) |
| <input type="checkbox"/> CPR-R2 | CPR AED-recertification | MO | Oct. 17, 2011 | 9 a.m.-noon | French (Field Operations Center, Plymouth) |
| <input type="checkbox"/> CPR-R3 | CPR AED-recertification | SA | Oct. 29, 2011 | 1-4 p.m. | Hyland (Visitor Center, Bloomington) |
| <input type="checkbox"/> CPR-R4 | CPR AED-recertification | WE | Mar. 21, 2012 | 6-9 p.m. | French (Field Operations Center, Plymouth) |
| <i>See below Patrol Simulation and Patrol Meetings</i> | | | | | |

All Patroller Training

| Course # | Course Name | Day | Date | Time | Location |
|---------------------------------|---------------------------|-----|---------------|----------------|--|
| <input type="checkbox"/> PS-1 | Patrol Simulation | SA | Nov. 5, 2011 | 2-4:30 p.m. | Hyland (Visitor Center, Bloomington) |
| <input type="checkbox"/> PS-2 | Patrol Simulation | SA | Nov. 19, 2011 | 2-4:30 p.m. | French (Field Operations Center, Plymouth) |
| <input type="checkbox"/> PS-3 | Patrol Simulation | WE | Nov. 30, 2011 | 6:30-9 p.m. | French (Field Operations Center, Plymouth) |
| <input type="checkbox"/> PS-4 | Patrol Simulation | SA | Mar. 24, 2012 | 9-11:30 a.m. | French (Field Operations Center, Plymouth) |
| <input type="checkbox"/> PM-W1* | All-Patrol Meeting-Winter | MO | Dec. 5, 2011 | 6:30-8:30 p.m. | French (Visitor Center, Plymouth) |
| <input type="checkbox"/> PM-W2 | All-Patrol Meeting-Winter | TH | Jan. 5, 2012 | 6:30-8 p.m. | French (Field Operations Center, Plymouth) |
| <input type="checkbox"/> PM-S1* | All-Patrol Meeting-Summer | TU | Mar. 27, 2012 | 6:30-8:30 p.m. | French (Visitor Center, Plymouth) |
| <input type="checkbox"/> PM-S2 | All-Patrol Meeting-Summer | SU | Apr. 15, 2012 | 1-2:30 p.m. | Hyland (Visitor Center, Bloomington) |
| <input type="checkbox"/> PM-S3 | All-Patrol Meeting-Summer | MO | May 14, 2012 | 6:30-8 p.m. | French (Field Operations Center, Plymouth) |

COURSE DESCRIPTIONS

PATROLLER ORIENTATION

Required for new Park Patrol volunteers. This program covers Three Rivers volunteer orientation and Park Patrol procedures and protocols.

FIRST AID

This course covers year-round, patrol specific first aid and is certified by the American Heart Association. Topics covered are general principals, bloodborne pathogens, medical, injury and environmental emergencies. Patrollers having completed a Three Rivers Patrol First Aid course within the past two years or an equivalent first aid course may attend the refresher (other first aid certifications must be approved). Fees on page 3.

CPR—HEARTSAVER AED

This American Heart Association course is designed to prepare Park Patrollers to respond to cardiac emergencies and to provide CPR and AED use in a safe, timely, and efficient manner. It includes adult, child, and infant CPR; AED; and foreign body airway obstruction skills. Bring your CPR mask to class! To attend a refresher, you must have completed a CPR class in the past two years. Fees on page 3.

BLS FOR THE HEALTHCARE PROVIDER

Recertification

This American Heart Association course is designed for Park Patrollers who work in the medical field on a regular basis. The ability to take and monitor vital signs is a prerequisite. The course includes adult, child, and infant CPR, AED, and foreign body airway obstruction skills. Skills are tested in both written and practical formats. Limit 12 per class. Bring your current BLS-Healthcare Provider card and CPR mask to class!

PATROL SIMULATION

This program combines Three Rivers policies, practices and procedures with the skills learned in first aid and CPR. The program is led by Three Rivers Public Safety and Facilities staff, and National Ski Patrol trained volunteers using outdoor practice scenarios.

ALL-PATROL MEETINGS

Winter and Summer Patrol meetings cover details for patrolling for all areas, highlights any changes that have occurred, and reviews patrol procedures. The first meeting for the season is a KICK-OFF* which includes a social event prior to the meeting (6:30-7 p.m. refreshments, social time, recognition, certificates).