

Thank you for your interest in the Three Rivers Park District Park/Trail clean-up program. Your group will work independently, under the supervision of your group leaders. You may perform your clean-up at anytime during posted park hours; however, we'd like to know what your plans are so we can direct you to the area in most need of attention and alert park staff of your activities. Please read the following information and share with your group members, then sign and return the form. Call with any questions you have.

### **Clean-up Areas**

The area your group will clean includes the grass hiking trails and the shoulders of the paved bike/hike trails. In addition, the edges of picnic areas and play areas, as well as park boundaries along roads, also need regular clean-up where the mowed area meets the taller vegetation. The trail corridor where clean-up may be performed is limited to the trail, trail shoulder, ditch and the edge of taller vegetation (approximately 8 feet from the center line on either side of the trail). Clean-up may be performed during the non-snow seasons; however, spring and fall is preferred.

### **Safety Considerations**

- Clean-up group members are responsible for their own safety.
- Group members should use caution when picking up debris since items may be sharp or heavy and could cause an injury if not handled properly, using gloves or safe lifting techniques.
- In the event any suspicious looking material or un-marked containers are found, please avoid contact, note the location and call the Regional Trail Supervisor.
- Watch for fast moving bike and in-line skate traffic, especially near blind curves.
- At no time should equipment, debris collected, or volunteers block the trail, creating an unsafe situation for trail users.
- Groups may not drive any motorized vehicles on park trails or in any area other than designated park roads and parking lots. Park vehicles will be used to pick up items
- No brushing, mowing, earthwork, etc. may be performed without specific authorization from a Three Rivers Park District Maintenance Supervisor.
- Be aware that poison ivy, ticks, mosquitoes, hornets, etc. may be found in some areas.  
(<http://www.dnr.state.mn.us/snapshots/plants/poisonivy.html>,  
<http://www.dnr.state.mn.us/insects/deerticks/index.html>)
- Carry a cell phone for emergencies, if possible.

### **List of Suggested Equipment/Clothing**

Dress for the weather. Recommended items to bring/wear:

- Smaller plastic bags or buckets for gathering trash to be put into larger bags or garbage receptacles
- Work or garden gloves
- Comfortable, sturdy shoes suitable for walking (no sandals)
- Long pants and shirt with long sleeves (shorts and t-shirt are suitable on most trails)
- Bug spray, sunscreen
- Drinking water, snacks

### **Procedures:**

- Separate garbage from recyclables. Place garbage in receptacles available within the park. Where receptacles are not available, bags may be left at trail/road intersections. Large, heavy items may be left on the shoulder of the trail.
- Call park maintenance if garbage is left along trail and needs to be picked up (phone list on back). You may leave a message if no one answers and state what needs to be picked up, where the garbage was left and the date and time it was left.

**Recording Your Group's Contribution:**

- Please record the date, number of people, and hours contributed by your group as well as a short report on your clean-up. Please send this information to the Volunteer Office using the form provided or call and leave a message.

**Reporting Vandalism, Trail Hazards, Dumping or Unusual Activities:**

Please let us know if you observe any inappropriate or suspicious behavior, or find evidence of vandalism, hazards or dumping within park boundaries. Carry a cell phone for emergencies if possible.

- Dial 911 to request Park Police. Please note time, location, physical description of person(s) or vehicle(s) and what is occurring.

**Park and Trail Maintenance Phone List**

Call park maintenance right away if you find large or heavy items that can't be carried to a garbage receptacle. You may leave a message if no one answers and state what needs to be picked up, where the garbage was left and the date and time it was left.

**Weekends/evenings/holidays:** Call the on-duty maintenance supervisor for all parks: 763-694-7867

**Weekdays 7 a.m. – 3:30 p.m.:** Call the appropriate Park Maintenance Supervisor listed below

<b>Park</b>	<b>Maintenance Supervisor, office number</b>
<ul style="list-style-type: none"> <li>• Bryant Lake Regional Park</li> <li>• Hyland Park Reserve</li> </ul>	Dan Friedges, 763-694-7884
<ul style="list-style-type: none"> <li>• Coon Rapids Dam Regional Park</li> <li>• Elm Creek Park Reserve</li> </ul>	Todd Beamish, 763-694-7746
<ul style="list-style-type: none"> <li>• Fish Lake Regional Park</li> <li>• French Regional Park</li> <li>• Silverwood</li> </ul>	Matt Connor, 763-694-7767
<ul style="list-style-type: none"> <li>• Carver Park Reserve</li> <li>• Gale Woods Farm</li> <li>• Lake Minnetonka Regional Park</li> </ul>	Pete Hill, 763-694-7796
<ul style="list-style-type: none"> <li>• Cleary Lake Regional Park</li> <li>• Murphy-Hanrehan Park Reserve</li> </ul>	Brad Chock, 764-694-7774
<ul style="list-style-type: none"> <li>• Baker Park Reserve</li> <li>• Crow-Hassan Park Reserve</li> <li>• Lake Rebecca Park Reserve</li> </ul>	Tom Vetch, 763-694-7865

**Park District Phone List – Park Police and Information**

<ul style="list-style-type: none"> <li>• All parks / report dumping, hazardous materials, vandalism, emergencies, suspicious activities</li> </ul>	<b>911 – for immediate Park Police assistance</b>
<ul style="list-style-type: none"> <li>• All parks / general Park District information</li> </ul>	763-559-9000

**Three Rivers Park District Volunteer Office  
763-559-6706**

12615 Co. Rd. 9  
Plymouth, MN 55441

[www.ThreeRiversParkDistrict.org/volunteer](http://www.ThreeRiversParkDistrict.org/volunteer)

Fax 763-557-4943

Email: [Volunteer@ThreeRiversParkDistrict.org](mailto:Volunteer@ThreeRiversParkDistrict.org)

Noreen Buhmann, Volunteer Resources Manager: 763-694-2042

Deb Vosler, Volunteer Resources Coordinator: 763-559-6704

Brad Blackett, Volunteer Resources Assistant: 763-559-6706

# Independent Park Clean-up Registration Form

## Group Information

<i>Group Contact Person or Individual Name:</i>	<i>Phone (include area code):</i>
	<i>Alternate Phone (include area code):</i>
<i>Group Name (if applicable):</i>	<i>Email:</i>
<i>Street:</i>	<i>City, Zip:</i>

## Planned Activities

<i>Date/time:</i>	<i># of workers:</i>
<i>Park:</i>	<i>Area in park:</i>

## Signature

*I have read and understand the information provided in the Park Clean-up Instruction Sheet and have shared the information with all group members participating in this clean-up effort, as well as our organization's officials. I acknowledge the nature of the work involved with this activity and agree to all terms and conditions stated on this application.*

*Signature of Authorized Representative (must be 18 years or older):*

*Date:*

## Record of Contribution

*Mail, email or call in the following information for our records:*

<i>Date worked:</i>	<i>Number of workers:</i>
<i>Hours worked: _____ to _____</i>	<i>Total hours worked by group:</i>
<i>Park or Trail:</i>	

*Description of clean-up (what did you or your group find?):*

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763-559-6706**

12615 Co. Rd. 9; Plymouth, MN 55441

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Fax 763-557-4943 Email: [Volunteer@ThreeRiversParkDistrict.org](mailto:Volunteer@ThreeRiversParkDistrict.org)

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