



ThreeRivers
PARK DISTRICT

Adopt-A-Trail
Sponsor Training

Three Rivers Park District *Mission Statement*

“The mission of Three Rivers Park District is to promote environmental stewardship through recreation and education in a natural resources-based park system.”



Environmental Focus



- 80/20 Policy for Park Reserves
 - 80% restored to or maintained in a natural state
 - 20% developed for active use
 - Unique in Minnesota
- Focus on preservation, restoring wildlife and plant communities
- Focus on outdoor education programming



Purpose of Program

"To keep our regional trails clean."

Your sponsorship benefits:

- Trail users
- The regional and local community
- Three Rivers Parks
- You!

Thanks for your support!




Sponsor Responsibilities: Regional Trail Clean-Up

- What?
 - Glass and plastic bottles, aluminum cans
 - Paper and plastic bags
 - Any litter and non-natural debris
- Where?
 - Up to 25 feet from center line of trail.
 - Includes: trail, ditch, around benches and rest areas, taller vegetation beyond the trail.



Sponsor Responsibilities:

Regional Trail Clean-Up

- When?
 - Sponsors are asked to commit to a minimum of **2 clean-up days/year**; preferably one in the spring and one in the fall;
 - Clean up is possible from April 1 to November 14;
 - Additional clean-up may be needed after a storm. Check with the Regional Trail Supervisor.
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Three Rivers Provides:

- **Large trash bags**, if needed, for litter pick-up
- **Trailside trash pick-up and removal** after clean-up
- **Sign recognition** on your section of adopted trail.



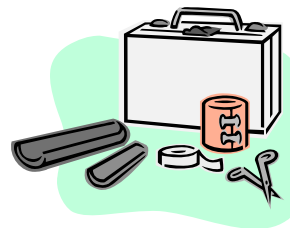
Suggested Equipment and Clothing



- Work or garden gloves
- Collecting containers
(5 gallon buckets or small garbage bags work well) for gathering trash to be put into larger bags.
- Comfortable, sturdy shoes suitable for walking (no sandals).

Suggested Clothing and Equipment

- Long pants and long-sleeved shirt
- Brightly colored cap or hat
- Bug spray, sunscreen
- Drinking water, snacks
- First aid kit and cell phone
- High visibility safety vests



Procedures

- Schedule your clean-up day and notify Regional Trail Supervisor.
- Conduct your clean-up.
- Call Supervisor when clean-up is complete.
- Record your contribution.

Regional Trail Supervisor

Office: 763.694.2051

Cell: 612.490.0843



Safety

- Use caution when picking up debris
- Do not pick up weapons, hazardous materials, dead animals or any suspicious looking material or unmarked containers.

Mark location with a trash bag and report it to the Regional Trail Supervisor.

Safety

- Watch for fast moving bike and in-line skate traffic, especially blind curves.
- Don't block the trail.
- Be aware that poison ivy, ticks, mosquitoes and hornets can be found along the trail.



Thanks for Volunteering!

For questions about this program or other volunteer opportunities at Three Rivers Park District, contact:

Volunteer Office

763.559.6704 or 6706

www.ThreeRiversParkDistrict.org/volunteer