

PRSR-T STD  
U.S. POSTAGE  
PAID  
TWIN CITIES, MN  
PERMIT NO.  
93197

Registration Opens Oct. 17 at 8 AM

See pg. 8 for details



Elm Creek  
Park Reserve

12400 James Deane Parkway  
Maple Grove, MN 55369

# Elm Creek

## SnowSports Academy



### SKI & SNOWBOARD LESSONS

Winter 2023-2024



[ThreeRiversParks.org](http://ThreeRiversParks.org)

# elm creek

your winter playground

## What's Here:

**SKI/SNOWBOARD AREA:** rope tows, beginner runs and a terrain park with jumps and rails. Group and Private ski and snowboard lessons are offered, along with equipment rental.

**SNOW TUBING HILL:** Separated tubing lanes with rolling hills for lots of family fun. Group opportunities available.

**CROSS-COUNTRY SKIING:** 18.5K of groomed trails for classic and skate skiing, including 5.8K of lighted trails and 2.5K of trails with snowmaking for guaranteed skiing.



Welcome to Elm Creek, your playground for winter fun. Slide down the snow tubing hill, hit the cross country ski trails, enjoy skiing/snowboarding or kick back in the comfortable chalet. Visit Elm Creek this winter and take a break from your everyday life.



## RENTAL SPACES – ELM CREEK CHALET

Warm and inviting, the chalet is a beautiful facility for your next event. The building seats 200+ people and features a huge timber-and-fieldstone fireplace, cathedral-style ceiling and large windows overlooking the area. Available to rent from April through October for weddings, celebrations, corporate gatherings and other events. Call 763-559-6700 for more information.



## Hours of Operation\*

(Early December through mid-March, depending on weather.)

### SKI/SNOWBOARD AREA

Monday–Friday: 3–9 PM

Saturday–Sunday & Holidays\*: 9 AM–9 PM

### CHALET HOURS

Monday–Friday: 9 AM–9 PM

Saturday–Sunday & Holidays\*: 8 AM–9 PM

\*Holiday Hours: Dec. 23–Jan. 1, Jan. 15, Feb. 19

\*Tubing Hours and pricing, please visit our website  
[ThreeRiversParks.org](http://ThreeRiversParks.org)

### TUBING

Speed down the tubing hill at Elm Creek and ride a moving conveyor back to the top. It's fun for the whole family!  
Open Wednesday–Sunday.



## Work where you play

Free season pass, competitive wages, fast-paced, flexible hours, and more. Variety of employment opportunities at [ThreeRiversParks.org/employment](http://ThreeRiversParks.org/employment).



## Minnesota Nordic Ski Opener

SATURDAY, DECEMBER 9, 2023

9 AM–3 PM

Welcoming skiers of all levels with mini-lessons, a winter village, free skiing and 2-8K races.

# youth

## ski and snowboard lessons

### YOUTH SKI LESSONS

**Ages 5-17**

**Three 1.5-hour lessons, \$150**

**Optional: Equipment \$10 | Helmet \$20**

Learn to ski or improve technique with small group instruction in this signature Ski Kids program. Become self-reliant by learning how to turn, stop and control speed. All skill levels welcome.

Dates	Start Times
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**Saturdays** – Activity #9ELM8007

Jan 6–20	9 AM
Jan 6–20	11 AM
Jan 6–20	1:15 PM
Jan 6–20	3:15 PM
Jan 27–Feb 10	9 AM
Jan 27–Feb 10	11 AM
Jan 27–Feb 10	1:15 PM
Jan 27–Feb 10	3:15 PM
Feb 17–Mar 02	9 AM
Feb 17–Mar 02	11 AM
Feb 17–Mar 02	1:15 PM
Feb 17–Mar 02	3:15 PM

**Sundays** – Activity #9ELM8001

Jan 7–21	9 AM
Jan 7–21	11 AM
Jan 7–21	1:15 PM
Jan 7–21	3:15 PM
Jan 28–Feb 11	9 AM
Jan 28–Feb 11	11 AM
Jan 28–Feb 11	1:15 PM
Jan 28–Feb 11	3:15 PM
Feb 18–Mar 03	9 AM
Feb 18–Mar 03	11 AM
Feb 18–Mar 03	1:15 PM
Feb 18–Mar 03	3:15 PM

### YOUTH SNOWBOARD LESSONS

**Ages 5-17**

**Three 1.5-hour lessons, \$150**

**Optional: Equipment \$10 | Helmet \$20**

Learn to snowboard in this signature three-week program. Become self-reliant by learning how to turn, stop and control speed. All skill levels welcome.

Dates	Start Times
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**Saturdays** – Activity #9ELM8507

Jan 6–20	9:30 AM
Jan 6–20	11:30 AM
Jan 6–20	1:45 PM
Jan 6–20	3:45 PM
Jan 27–Feb 10	9:30 AM
Jan 27–Feb 10	11:30 AM
Jan 27–Feb 10	1:45 PM
Jan 27–Feb 10	3:45 PM
Feb 17–Mar 02	9:30 AM
Feb 17–Mar 02	11:30 AM
Feb 17–Mar 02	1:45 PM
Feb 17–Mar 02	3:45 PM

**Sundays** – Activity #9ELM8501

Jan 7–21	9:30 AM
Jan 7–21	11:30 AM
Jan 7–21	1:45 PM
Jan 7–21	3:45 PM
Jan 28–Feb 11	9:30 AM
Jan 28–Feb 11	11:30 AM
Jan 28–Feb 11	1:45 PM
Jan 28–Feb 11	3:45 PM
Feb 18–Mar 03	9:30 AM
Feb 18–Mar 03	11:30 AM
Feb 18–Mar 03	1:45 PM
Feb 18–Mar 03	3:45 PM

### JUNIOR SKI LESSONS – MINI SESSION

**Ages 3–4, plus adult**

**Two 1.5-hour lessons, \$125**

**Optional: Helmet \$14**

Enjoy on-snow fun and creative learning as your child practices skiing fundamentals. For this hands-on guided lesson, a parent/guardian with skiing experience is required to participate on skis; maximum one child per adult. Equipment included for both parent/guardian and child.

Dates	Start Times
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**Mondays** – Activity #9ELM7007

Jan 22–29	5:30 PM
Feb 05–12	5:30 PM
Feb 26–Mar 04	5:30 PM

## YOUTH LESSONS – WINTER BREAK SESSION

**Ages 5-17**

**Three 1.5-hour lessons, \$150**

Optional: Equipment \$10 | Helmet \$20

Spend your winter break learning a new sport! Become self-reliant by learning how to turn, stop and control speed in this three-day program. All skill levels welcome.

## SKI

Dates	Start Times
<b>Saturday, Sunday, Tuesday</b> – Activity #9ELM8100	
Dec 23–26	9 AM
Dec 23–26	11 AM
Dec 23–26	1:15 PM
<b>Wednesday, Thursday, Friday</b> – Activity #9ELM8100	
Dec 27–29	9 AM
Dec 27–29	11 AM
Dec 27–29	1:15 PM
Dec 27–29	3:15 PM
<b>Saturday, Sunday, Monday</b> – Activity #9ELM8100	
Dec 30–Jan 1	9 AM
Dec 30–Jan 1	11 AM
Dec 30–Jan 1	1:15 PM
Dec 30–Jan 1	3:15 PM

## SNOWBOARD

Dates	Start Times
<b>Saturday, Sunday, Tuesday</b> – Activity #9ELM8605	
Dec 23–26	9:30 AM
Dec 23–26	11:30 AM
Dec 23–26	1:45 PM
<b>Wednesday, Thursday, Friday</b> – Activity #9ELM8605	
Dec 27–29	9:30 AM
Dec 27–29	11:30 AM
Dec 27–29	1:45 PM
Dec 27–29	3:45 PM
<b>Saturday, Sunday, Monday</b> – Activity #9ELM8605	
Dec 30–Jan 1	9:30 AM
Dec 30–Jan 1	11:30 AM
Dec 30–Jan 1	1:45 PM
Dec 30–Jan 1	3:45 PM

## YOUTH LESSONS – PASSPORT PROGRAM

**Ages 5-17**

**Six 1.5-hour lessons, \$280**

Optional: Equipment \$10 | Helmet \$32

Get the most out of the winter season with this six-week program. Become self-reliant by learning how to turn, stop and control speed. All skill levels welcome.

## SKI

Dates	Start Times
<b>Saturdays</b> – Activity #9ELM8027	
Jan 6–Feb 10	9 AM
Jan 6–Feb 10	11 AM
Jan 6–Feb 10	1:15 PM
Jan 6–Feb 10	3:15 PM
<b>Sundays</b> – Activity #9ELM8021	
Jan 7–Feb 11	9 AM
Jan 7–Feb 11	11 AM
Jan 7–Feb 11	1:15 PM
Jan 7–Feb 11	3:15 PM

## SNOWBOARD

Dates	Start Times
<b>Saturdays</b> – Activity #9ELM8516	
Jan 6–Feb 10	9:30 AM
Jan 6–Feb 10	11:30 AM
Jan 6–Feb 10	1:45 PM
Jan 6–Feb 10	3:45 PM
<b>Sundays</b> – Activity #9ELM8511	
Jan 7–Feb 11	9:30 AM
Jan 7–Feb 11	11:30 AM
Jan 7–Feb 11	1:45 PM
Jan 7–Feb 11	3:45 PM

## ► Quality instruction

Whether you are on skis or a snowboard for the first time or are seeking to improve your technique, a variety of programs are available for people of all ages and abilities.

To maximize skill improvement, students are separated by age and ability and evaluated for placement on the first day of class.

**All lessons include lift ticket.**

## BUNNY HILL SKI SKILLS

**Ages 5-17**

**Two 1.5-hour lessons, \$125**

Optional: Equipment \$10 | Helmet \$14

This program specifically takes place on our bunny hill as we focus on learning the basics of skiing. Designed for first time and beginner level skiers. \$125/two lessons.

Dates	Start Times
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**Thursdays** – Activity #9ELM8017

Jan 4, Jan 11	6 PM
Jan 18, Jan 25	6 PM
Feb 1, 8	6 PM
Feb 15, Feb 22	6 PM
Feb 19, March 7	6 PM

**Saturdays, Sundays** – Activity #9ELM8017

Dec 16–17	9 AM
Dec 16–17	11 AM
Dec 16–17	1:15 PM
Dec 16–17	3:15 PM

## BUNNY HILL SNOWBOARD SKILLS

**Ages 5-17**

**Two 1.5-hour lessons, \$125**

Optional: Equipment \$10 | Helmet \$14

This program specifically takes place on our bunny hill as we focus on learning the basics of snowboarding. Designed for first time and beginner level riders. \$125/two lessons.

Dates	Start Times
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**Fridays** – Activity #9ELM8600

Jan 5, 12	6 PM
Jan 19, Jan 26	6 PM
Feb 2, 8	6 PM
Feb 16, 23	6 PM
March 1, 8	6 PM

**Saturdays, Sundays** – Activity #9ELM8600

Dec 16–17	9:30 AM
Dec 16–17	11:30 AM
Dec 16–17	1:45 PM
Dec 16–17	3:45 PM

# terrain park development programs



## TEAM ELM-TWINTIP

**Ages 6-18, \$449**

Develop your freestyle skills with this twintip skiing club coached by Elm Creek SnowSports Academy staff. Freestyle skiing is a wild combination of skiing and acrobatics over jumps, rails and boxes. Team members must have their own equipment, be at least intermediate riders and be able to ride tow ropes unassisted. This club-style program includes an Elm Creek season pass and Elm Creek apparel. An informational meeting will be held online for registered team members on Thursday, November 30 at 6 p.m.

Dates	Times
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**Mondays & Thursdays** – Activity #9ELM8905

Dec 18*–Mar 7	6–8 PM
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## TEAM ELM-SNOWBOARD

**Ages 6-18, \$449**

Improve your freestyle terrain park skills with this snowboard club coached by Elm Creek SnowSports Academy staff. Team members must have their own equipment, be at least intermediate riders and be able to ride tow ropes unassisted. This club-style program includes an Elm Creek season pass and Elm Creek apparel. An informational meeting will be held online for registered team members on Thursday, November 30 at 6 p.m.

Dates	Times
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**Mondays & Thursdays** – Activity #9ELM8900

Dec 18*–Mar 7	6–8 PM
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\*Start date contingent on snow making

## Private/Semi-Private Lessons

Whether you are a beginner or an expert, personal instruction allows you to learn at your own pace and realize your goals. Professional instructors focus on making you a better skier or snowboarder in a fun, relaxed environment. All private lessons include a lift ticket; equipment rental is available at a discounted rate. Scheduling is based on instructor availability.

Registration for private lessons opens **November 16th**. Call 763-694-2050 to schedule; lessons for one person can also be scheduled online.

### PRIVATE SKI LESSONS

Ages 4+.

Mondays–Fridays: 3:30 PM, 5 PM or 7 PM

Weekends & Holidays: 9 AM, 11 AM, 1 PM or 3 PM

### SNOWBOARD

Ages 5+.

Mondays–Fridays: 5 PM or 7 PM

Weekends & Holidays: 9:15 AM, 11:15 AM, 1:15 PM or 3:15 PM

### RATES

Private Ski or Snowboard Lesson (1.5 hours)..... \$60

Additional person for a semi-private lesson ..... \$42

Discounted lesson equipment rental.....\$10

Helmet .....\$7.50

Prices include sales tax.



## Three Rivers Alpine Patrol



Join this nationally recognized group of volunteers!

- Obtain Outdoor Emergency Care certification
- Sharpen your ski or snowboard skills
- Gain leadership skills
- Enjoy Park District and National Ski Patrol discounts

Highly motivated, enthusiastic skiers and snowboarders are encouraged to apply.

Email [SkiPatrol@ThreeRiversParks.org](mailto:SkiPatrol@ThreeRiversParks.org) for more information.

**INFORMATION: Elm Creek Chalet, 763 694 2050 • [ECSSA@ThreeRiversParks.org](mailto:ECSSA@ThreeRiversParks.org)**

## Learn Your Responsibility Code



Your Responsibility Code is a compilation of slope safety rules used universally at U.S. resorts. Please review Your Responsibility Code and share the information with your friends and children. Three Rivers Park District is committed to promoting slope safety. In addition to those using traditional alpine ski equipment, others on the

slopes include snowboarders, telemark or cross-country skiers, skiers with disabilities, and skiers with specialized equipment. Always show courtesy to others and be aware that there are elements of risk in skiing and snowboarding that common sense and personal awareness can help reduce. Know your ability level and stay within it. Observe Your Responsibility Code for a great SnowSports experience.

1. Always stay in control and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

**Know the Code. It's your responsibility. This is a partial list. Be safety conscious.**

**Officially endorsed by: National Ski Areas Association.**

Elm Creek freestyle terrain areas are designated with an orange oval and may contain jumps, hits, ramps, banks, fun boxes, jibs, rails, half pipes, quarter pipes, snowcross, bump terrain and other constructed or natural terrain features. They are provided for your enjoyment and offer adventure, challenge and fun. However, freestyle terrain use, like all skiing and riding, exposes you to the risk of serious injury. Prior to using freestyle terrain, it is your responsibility to familiarize yourself with all instructions and warning signs, and to follow Your Responsibility Code. Freestyle skills require maintaining control on the ground, and in the air. Use of freestyle terrain exposes you to the risk of serious injury or death.

# registration

## Lesson Policies

**SnowSports Academy Phone Number:**  
763-694-2050

Check in at the SnowSports Academy desk one (1) hour in advance of lesson.

### Refunds

Cancellations 7 days prior to the start of your first class/lesson are fully refundable. Cancellations less than 7 days before are non-refundable. No refunds are given for missed lessons.

### Rescheduling Fee

There is no penalty to reschedule at least 7 days before the start of the first class. There is a \$40 fee for rescheduling less than 7 days before; non-payment of the rescheduling fee constitutes a cancellation.

### Weather Closures

Missed classes due to weather closures will be refunded or rescheduled as determined by Elm Creek staff. Call the SnowSports Academy for details. The ski area is closed when weather conditions reach lower than -25 degrees Fahrenheit air temperature or lower than -35 degrees Fahrenheit windchill at the ski area. Elm Creek management reserves the right to operate the facility according to weather.



## Register Online

VISIT [THREERIVERSPARKS.ORG/PROGRAMS](http://THREERIVERSPARKS.ORG/PROGRAMS)

- To create a new account: Click “Need an account?” and complete the requested information.
- If your account already exists and you don’t know the password: Click “Forgot your password?” to receive an email to update your password.

**Note:** Be sure to include birthdays for everyone you are registering.

To help manage the high volume of traffic on busy registration days, our software vendor added a virtual waiting room to the registration experience. Learn more at [ThreeRiversParks.org/WaitingRoom](http://ThreeRiversParks.org/WaitingRoom)

CALL 763-559-6700 FOR ASSISTANCE

	<b>Begins</b>
<b>Competitive Teams</b>	<b>Sept. 15</b>
<b>Youth and Adult Lessons</b>	<b>Oct. 17</b>
<b>Private Lessons</b>	<b>Nov. 16</b>

Questions?  
Call 763-694-2050

## Determining Skill Level for Lessons

LEVEL	SKIING	SNOWBOARDING
NEVER	Never skied	Never boarded
BEGINNER	Makes wedge turns	Skidded turns only
INTERMEDIATE	Occasionally match skis	Beginning to carve on toe and heel side
ADVANCED	Skis parallel	Carves, rides fakie, some jumps
EXPERT	Skis all slopes in all conditions	Does all jumps and rides park